Schizophrenia Research Foundation, SCARF (I) Monthly Newsletter - May 2022

SCARF India is a non-profit organisation based in Chennai Tamil Nadu, offering a multidisciplinary, comprehensive range of psychiatric care and rehabilitation services. SCARF has a World Health Organisation (WHO) Collaborating Centre since 1996.

World Schizophrenia Day Events
Every year, 24th of May is observed as Schizophrenia Awareness Day in several countries across the globe. This year, we had various events for raising awareness about Schizophrenia.

SCARF Chomu in Yellow!!
SCARF India had Kati Theatre organised a street theatre performance on Schizophrenia directed by MJ Jacobson at Pondicherry College on May 22, 2022. Young self-help members of SCARF and the theatre group put up a very engaging and interactive play emphasizing around 100 people. At the end of the play, awareness pamphlets were distributed.

Award for the Best stall in our NIMPEIN
SCARF put up a stall with the products made by our clients in NIMPEIN on May 22, 2022 in connection with World Schizophrenia Day.

Introducing Dr. M Sarada Menon Award
A new award in the memory of Dr. M. Sarada Menon was introduced to recognize the efforts of mental health service users in coping with the challenges of serious mental illnesses and moving ahead in life.

5 men and 2 women were chosen for the award this year.

Namma Aara – Hagglont Space for Mental Health Service Users
Namma Aara is a first of its kind rotation, it is a physical space that service users can take charge of and engage in activities that they enjoy. This space was inaugurated by the RIDDS on May 14, 2022.

Service users can use the space for various activities of their choice like reading books, arts, yoga, exercise, movies or games.

This facility is available at the SCARF premises in Anna College and will function between 9am and 6pm on Mondays and Thursdays. We hope that this space will help our clients to gradually expand it and make it available on all weekdays. The service is provided free of cost to all mental health service users.

MARDH awards – 8th Edition
This is an annual event to appreciate the support and care provided by those who have connected friends in taking care of persons with serious mental illnesses and helping them to lead successful recoveries. This year's awards baron hearing family members also included friends and neighbors.

REGIS Team from UH honoured our caregivers. Along with the young team of SCARF organized,16 awards were given about the challenges in caregiving.

Special awards given to Ms. Tanya Dutt, Co-founder and managing trustee of AdultMH and Mrs. Pratibha Pradhan, Assistant Clinical Services of SCARF for going beyond the call of duty in reaching out to patients in need.

Theatre Play at Bhavishya Bhavan
Our Residential Center at Thiruvallur had a very engaging and entertaining morning theatre of theatre of the oppressed and fun and fun organized by REGIS team along with the EWAP and Training Sessions. All the clients and staff took part.

ART IMPACTS – building resilience, resistance and recovery through art, at the British Deputy High Commission, Chennai.

SCARF and EWAP entertainment along with British Deputy High Commission organized a lively and interactive discussion on ART and Mental health with Dr. Paul Hariglen from People Palace Project, Dr. R. Murali from SCARF and Ms. Sangeetha Murugan (Binnex research scholar and social worker) as panelists. Mr. Sudhakaran K from EWAP moderated the session. The session was well attended and covered by press.

Thank You
Donate Today!

Mental health service is a need for all. Help us soor people with mental illness and provide better mental health care for all.

Visit www.scarf.org for more events.

Planning a World Schizophrenia Day event is a challenging task. One of the biggest funding challenges arise for the cause of mental health.