



Schizophrenia Research
Foundation (India)

ANNUAL REPORT
2019 - 2020




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BRAND VALUES

We have been fine tuning our processes and the customer touch points to deliver in full the brand values of Commitment, Human Care, Professionalism and Quest for Knowledge, to live up to the brand promise of excellence in mental health care and research.





The Schizophrenia Research Foundation (SCARF) was founded in 1984 with the primary objective of providing quality care and rehabilitation to those suffering from severe mental disorders.

Towards this, we have established an out-patient department, day care centre and an in-patient facility at the Mental Health Centre, Anna Nagar and two residential rehabilitation centres at Thiruverkadu and Mahabalipuram. We also run a number of community based treatment programmes in rural and urban areas. Research into several aspects of mental health is also an important activity. SCARF has been designated as the Collaborating Centre of the World Health Organization for Mental health research and training. Our biennial conference ICONS draws response from distinguished researchers from all over the world. SCARF also trains a number of students of psychology, social work, nursing and occupational therapy.

Promoting mental health awareness and lobbying for the benefits for the mentally ill is another activity we have been pursuing. Apart from many educational materials we have produced, the film festival Frame of Mind is also designed to improve awareness and deal with stigma.

We have also initiated a media award for journalists writing on mental health.

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CHAIRMAN'S MESSAGE

The Schizophrenia Research Foundation (SCARF) has, over the years, moved successfully from a narrow focus dealing with a specific mental illness to a broader platform of services addressing a wide spectrum of mental health issues.

Dementia, which was, for long, considered as a 'Western disease' has been recording galloping growth in India in recent years, partly because of the increasing population of aged citizens. SCARF's initiative in Dementia care, formally launched in 2015, is now an important part of SCARF's activities.

During the coming months, SCARF will be launching in patient services for Dementia patients, which will alleviate the problems faced particularly by families of such patients, where

the caregiver is often the only earning member.

SCARF has also stepped up efforts to reach out to the young, through programmes conducted in concert with educational institutions and business organizations, to identify and treat early incidences of depression and related mental illnesses, as this segment of the population faces high stress due to a variety of reasons. As a measure to empower young people, SCARF has initiated a mentoring program - Peer support Volunteer program, where college students are trained and mentored to provide emotional support to other young students in the institution.

As SCARF transitions to an institution of comprehensive mental health care, it is also undergoing transformation in another direction. From being an organization focused mostly on clinical services and research related thereto, SCARF has emerged as a major force in the field of education and training. During the last decade, over 15 medical students have undergone formal training in Psychiatry and have graduated from the National Board of Examinations as Diplomates of the National Board.

SCARF's Diploma in Mental health care and counseling is currently in the fifth year with 12 students and has trained 53 students. This program has received full supports from a premier national institute, NIMHANS. More recently, SCARF has initiated a course in Psychosocial Rehabilitation for persons in Serious Mental Disorders. Apart from this, SCARF is a well sought after agency for internships and training by students of Social work Psychology and Nursing in the treatment of mental health.

Psychology and Nursing in the treatment of mental health. Despite the seminal work done by SCARF and other organizations dedicated to the cause of mental health over many decades, one task remains largely unaddressed: that is the task of successfully mainstreaming those who have been cured of their illness into the society, so that they could resume their lives as productive and independent citizens. This requires a pervasive acceptance by the society

that mental illness is no different to physical illness, accommodating the special needs of those who might need periodic or episodic care, and creating livelihood opportunities for those who cannot be fully cured. SCARF has been a pioneer in many aspects of mental health care, and I have no doubt, that with the support of its Patrons, well wishers, the organization will rise to the occasion to address the unaddressed issues too.



Mr. R. Seshasayee
Chairman
Board of Management

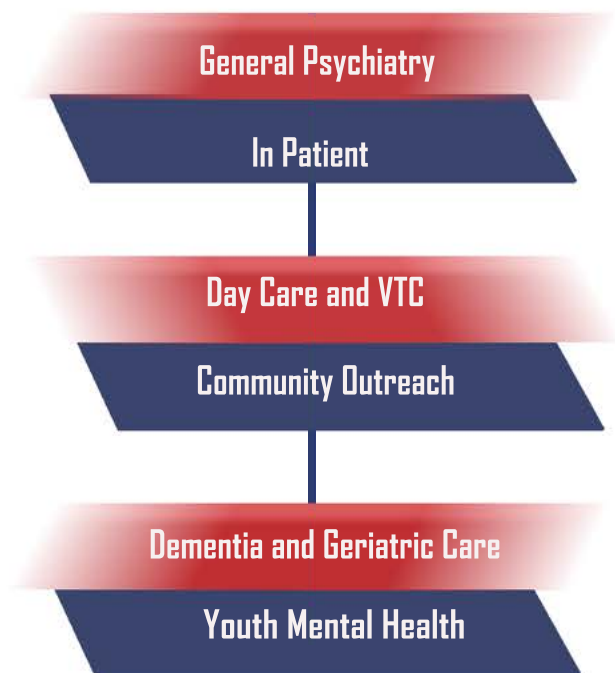
REPORT FROM SECRETARY

I am delighted to present this annual report for the financial year 2019- 20. The year 2020 has begun with the global COVID 19 pandemic which has disrupted the lives of millions of people world over. Health services have been stretched to provide care and contain the spread of the Corona Virus. Universally, the pandemic is being deemed as a Pandemic of mental health and illness. As SCARF strives hard to meet the goals of providing a comprehensive care for persons with serious mental disorders, we have also been responsive to the mental health needs of the population.

CLINICAL SERVICES

Provision of treatment and rehabilitation are the cornerstone of SCARF's activities. The consultation offered to persons with all kinds of mental health problems continues to operate to full capacity as in the previous

SCARF delivers clinical management and psychosocial rehabilitation in many settings. These include the Out-patient department at the Mental Health Centre, West Anna Nagar, the community clinics in and outside Chennai and the various residential centres.



OUT PATIENT DEPARTMENT

Targeted clinics are operated for specialised groups such as First episode psychosis, Youth Mental Health, Dementia and Geriatric care clinics.

The out-patients services continue to be busy averaging about 700 patients per week

S.No	Data	2019-20	2018-19
1	Total Number of Patients seen in OPD	7157	7053
2	Number of 'new' patients	2125	2163
3	Number of 'old' patients	5032	4890
4	Total number of consultations provided	24592	24992
5	Average no. of consults per day	112	113
6	No. of Single visit dropout*	636	510

RESIDENTIAL FACILITIES

The three residential facilities at Bhavishya Bhavan, Thiruverkadu, BMMSSK, Mahabalipuram and at Dr Sarada Menon Centre, Anna Nagar are operating to near full capacities. These facilities are managed by a full retinue of staff. In addition to the psychiatric conditions which have prompted admission, the doctors and staff also watch for comorbid medical conditions. We have a family physician visiting all these facilities regularly

April 2019-March 2020	Bhavishya Bhavan	BMMSSK	SMRC
Admissions	109	67	181
Discharge	119	70	181

DAY CARE CENTERS

Several patients attend the daycare centre, many using the transportation provided by SCARF. Vocational training, training in arts and crafts are important activities at the centre. Besides this, there is focus on yoga and physical exercise training. Patients who attend the daycare receive incentives that aim to augment their activities and performance

Particulars (Monthly Average)	Male	Female	Total
Day care attendance	51	43	94
Client receiving Incentives	32	21	53
SCARF Bus	17	16	33

PHARMACY

The pharmacy at SCARF is managed by trained pharmacists and is regularly monitored by the Drug Inspectors. This service maintains high standards.

NO. of Free Drug Dispersed	2019 - 20	2018 - 2019
	1060	1128

PSYCHOSOCIAL REHABILITATION

The Department of Psychosocial rehabilitation has been working ardently towards the rehabilitation of persons with severe mental illness in improving their quality of life.

New referrals into the service	52
Average monthly case load in the service	95
Discharges	30
Number of service users obtained employment	19
Number of caregivers who attended Care giver education program on schizophrenia	37

The main interventions were in the area of Independent living skills, vocational rehabilitation and family interventions. Cognitive retraining and social skills interventions were the other interventions provided.

1. Job fair

Eighteen SCARF service users attended 2 job fairs organized by Vocational Rehabilitation centre in Guindy CIT campus and Sarthak foundation for persons living with disability (PwD) in the month of July 2019. Seven were offered a job and 3 were placed successfully.



2. Library for service users inaugurated in October 2019

In alliance with the Food for Thought foundation (an NGO for inculcating reading habits), the department of psychosocial rehabilitation set up a new library called Sakhi- The Book Room in all the three Vocational training centres of SCARF. 500 books have been lent to SCARF as part of this initiative. All the books are in English, so there is an ongoing initiative to stock books in Tamil too as this is a popular demand amongst the service users.



3. Art workshop in VTC

Volunteer Ms. Kirtana conducted weekly art sessions for service users attending the Vocational Training Centre for 6 months from October 2019 and this became a popular activity. As there was a lot of interest, she ran two groups of 10 participants each week to enable more service users to join.



4. Caregiver support initiatives

The department of PSR continued to conduct monthly caregiver education programs on schizophrenia. Caregiver needs continued to be assessed and supported through individualized interventions. Additionally our caregivers were invited and supported to attend the NIMHANS Virtual Knowledge Network (VKN) programme on 'What After Me' for caregivers of persons with Mental Health Disorders (MI and IDD) in October 2019. Around 14 families benefitted from the programme hosted by the Rehabilitation department at NIMHANS and the session was chaired by Dr. Naveen Kumar Professor of Psychiatry, NIMHANS, Bengaluru. The invited speaker of the session was Mr. Vishwesh Shekar (Advocate) PhD scholar, faculty of Law, Symbiosis International University, Pune.

5. Conference participation

Dr. Lakshmi Venkatraman (Consultant Psychiatrist), Ms. Sonia Sims (Psychiatric Social Worker) and Ms. Hepsiba Omega (Psychiatric Social Worker) attended the 6th National Conference of World Association for Psychosocial Rehabilitation – Indian Chapter in May 2019 at Chandigarh. Dr. Lakshmi Venkatraman spoke on Integrating psychosocial rehabilitation in outpatient clinical care and Leveraging the community resources in rehabilitation.

Ms. Sonia Sims presented a poster on the pilot experience of Group training in domestic chores and Ms. Hepsiba Omega presented a poster on add on telephone intervention and its effectiveness in psychosocial rehabilitation.

6. Departmental publications

The department of PSR continued to publish the PSR quarterly newsletter "Towards Recovery" and the newsletters carried articles from patients and caregivers in addition to staff contribution.

7. Training initiatives

SCARF teamed up with Madras School of Social Work and ran a 30 hour certificate course on psychosocial rehabilitation for students of MSSW in February and March 2020. This was well received and plans were made to continue this annually. The PSR team continued to facilitate the module on PSR in the one year Diploma course run at SCARF.

8. Research projects

The psychologists at SCARF conducted a research adapting a cognitive retraining program to suit our culture and the results of the research is being written up for publication.

The team is also doing other research work including understanding the reasons for drop outs from rehabilitation, exploring acceptability and feasibility of peer support program.

DEMENTIA CLINIC

In total, 956 contacts were made with DEMCARES clients registered with SCARF across all case managers and consultants between April 2019 and March 2020. Of this, 149 were new cases and 807 were reviews. 21 home visits were made. From March 2020 onwards, DEMCARES has shifted its OP services to teleconsultations predominantly to ensure the safety of both patients and staff during the pandemic.

Centre for Active Ageing (CAA) provides evidence-based interventions including Cognitive Stimulation Therapy (CST), which is delivered over 7 weeks, twice a week for persons with dementia in a safe dementia friendly, person centred environment. It also clients with personalized activities and manages stress and distress symptoms. In addition the centre also provides counselling and basic training to caregivers and home care assistants. The CAA has the capacity to manage 19 persons with psychosocial

with dementia per day. Between April 2019 and March 2020, 54 visits by patients have been made to the CAA for psychosocial interventions. Due to the pandemic and concerns for client safety, CAA activities were put on hold from March 2020 onwards and the team is currently working on virtual CST sessions as part of a new study which would make psychosocial interventions like CST available over tele consultations.

The caregiver support groups are now being organised by the caregivers themselves. We assist with providing resource people, if necessary. DEMCARES staff has facilitated 5 support group meetings with caregivers that was attended by 42 caregivers in total. The SG meetings are now being held in online over teleconferencing apps like Zoom or Microsoft Teams.

A pharmaceutical company has taken over helping the caregivers arrange online sessions and publicizing events. The construction of the inpatient unit for dementia in Chennai began with the Bhumi Puja on 22nd June 2019. The progress was delayed due to the pandemic. The construction work is ongoing, and we expect to receive the completion certificate in January 2021.

Research projects currently ongoing at SCARF include the Rural Interventions for Dementia project (RiDe), Cognitive Stimulation Therapy International (CST-I), STrAtergies for RelaTives (START), Design and Technology Project for Dementia (DST), Sense-Cog, Robotics project and virtual CST (vCST).



The Bhumi Pooja was held on **22nd June 2019**. Since then the construction has been progressing at a steady pace.

YOUTH MENTAL HEALTH PROGRAM

The Youth Mental health program at SCARF continued to provide care and educated the community about mental health issues during this period. The activities done under the YMH include the following during the period of time from April 2019 to March 2020.

Research activities

Educational activities

Empowerment activities

Clinical activities

Research Activities:

The following research activities were initiated/ continued during this period of time:

- 1.The WIC (NIHR funded project)
 - a. Continued to work with colleges and developing materials for increasing awareness
 - b. Running mental health educational programs in colleges
 - c.Caregiver education program
2. Provided MHL to 15000 school and college students
- 3.Teachers sensitization program - conducted workshops for college teachers on early identification and referral pathways.
- 4.Intervention- initiated youth friendly clinics in DG Vaishnav and TN College
- 5.Initiated community level YMH programs and collaborated community level clinics in the community once in 3 months.
- 6.Initiated "Hello Dude" eat chat center for youth in DG Vaishnav College
- 7.The citieRISE-SCARF Mental health literacy project in schools
 - a. A cluster-randomized trial to assess and deliver mental health literacy in a modular fashion across schools and compare it with an enhanced intervention (direct contact with a youth who has had mental health issues)
 - b. Collaborators/ Funding agency - citiesRISE
 - c.IEC approval was obtained, and was registered with the Clinical Trials Registry of India
 - d. 6 research assistants recruited and trained in the modular delivery of the adapted Stan-Kutcher model
 - e. 6 schools recruited and interventions delivered after a pre-test assessment. Target audience children between the ages 13-15
 - f.Additionally trained the counsellors at Niraivagam who work with the Don Bosco group of schools in mental health identification and referrals

Educational Activities:

1. SCARF-cR-WPA TrP program(SCARF-citiesRISE -World Psychiatric Association)
 - a. Held at the Raintree hotel on the 27th and 28th of January 2020
 - b. Goal of empowering and educating mental health professionals(psychiatrists, psychologists and social workers) to start working in schools
 - c.Outcomes include enhanced knowledge and comfort in working with schools and creation of linkages for MH professionals to work with schools as an extension of the work being done with cR.
 - d. Creation of manual for school mental health that is currently being vetted by the WPA
- 2.Work with the DEIC (District Early Intervention Center) program at KMC (Kilpauk Medical College):
 - a. Held at KMC hospital on the 31st of January 2020
 - b. Addressed a group of headmasters and headmistresses from the catchment area of the DEIC program of KMC on the early signs of developmental delays and mental health issues that emerge in early childhood and the need for early intervention.
3. cR-Nalandaway Mental health awareness workshop for teachers
 - a. Held in Egmore, on the 29th of February 2020
 - b. Topic: Identification and referral pathways for children with mental health issues
 - c. Additionally create material for educating families and youth support volunteers (Anna's & Akka's) as a part of the resilience team training
4. cR-Nalandaway Facilitators training:
 - a. Held in the Nalandaway office in Anna Nagar
 - b. Held on the 24th of November 2019 and 7th of January 2020
 - c.Sensitizing the facilitators about the mental health issues among young people and helped address specific issues pertaining to their health in a school setting.

Empowerment activities:

1. The rYMs (Resource Centre for Youth Mental Health at SCARF)
 - a. Was inaugurated on the 4th of October 2019 (during the world mental health week celebrations). Located at the Greams road centre
 - b. Goal of creating a safe space for youth to engage in discussions about mental health issues in a non-didactic, experiential way.
 - c. Was functioning on Fridays and Saturdays evenings between 4 and 6 pm when in the physical space and has been having a constant online presence since the beginning of the pandemic and lockdowns.
 - d. During the course of this time, various programs ranging from the use of arts, physical health, soft skills and downtime activities were delivered to more than 150 youth between the ages of 15-25
 - e. The centre is run and activities managed by youth volunteers who have been curating and delivering the content and supported by a psychologist and psychiatrist who are present for any immediate concerns.

Clinical activities:

1. Clinic at SCARF:
 - a. Over the course of the year from April 2019 to March 2020, 254 people below the ages of 25 were registered and clinical services were provided for.
2. Taken up referrals from colleges and provided need based intervention

The rYMs (Resource Centre for Youth Mental Health at SCARF) which was inaugurated on the 4th of October (during the world mental health week celebrations) 2019 has been functioning on Fridays and Saturdays evenings between 4 and 6 pm. During the course of this time, various programs have been organized involving people who were willing to come and discuss aspects of positive mental health. Some of the activities include listening sessions (to encourage open speech among youth), time management and decision making skills, physical activities including self defense and dance workshops and a few comedy clubs. During these sessions on an average, we have about 15 youth in attendance, and we have close to 500 people following us on social media.

Altogether, there are nearly 160 individuals registered with the center.

The focus of the centre over the next 6 months is to reach more young people in the city by means of dividing work among the volunteers and staff and to raise funds and awareness about mental health issues.

• As an outcome of the WIC Research project (NIHR Funded) we have been

- a. Running clinics for children and adolescents at SCARF
- b. Cargiver education programs for parents and siblings
- c. Awareness on mental health in the youth at various colleges
- d. developing materials for awareness



▪ Cities rise project

The cluster-randomized trial was set to assess mental health literacy and early access to mental health care among school students in Chennai. A set of 6 research assistants were recruited for this particular study. There were oriented about the study and trained for the research program under SCARF.

The schools were selected from the Don Bosco group of schools. The schools were approached by the principal investigator and the project coordinator for the conduct of the study. The study design adopted for this particular study was

the cluster randomized trial. The schools were the clusters and all are within the city limit. The school students selected for this study were between the age group of 13 -15 years. Institutional ethics committee approval was obtained. The study was registered under CTRI-Clinical Trial Registry of India, Govt. Of India. After getting permission from the schools the baseline assessment was done and the modules were delivered. Counsellors of Niraivagam, Don Bosco group were trained in the implementation of the "Guide".



RESEARCH

Research at SCARF continues to be on the map of the world. The international acclaim is evidenced by the numbers of international collaborations and international student interns. Current collaborations include the research programs with the International Research Programme on Psychosis in Diverse Settings (INTREPID) – India, Nigeria and Trinidad, University of Warwick, the CST – International, University of Manchester, Imperial college, UK and several others. We hope all these exchanges will contribute richly to better treatments for persons with serious mental illnesses.

ON GOING PROJECTS

S.No	Project Title	Duration	Collaborator / Funding	Type of study
1	Collaborative Programme of INTERNATIONAL REsearch on Psychoses In Diverse Settings (INTREPID II) Fund: 2.50 Crores	1 Oct 2017 to 30 Sep 2022	IOP, King's college , London, University of Trinidad and Ibadan University, Nigeria (MRC, UK)	Epidemiology
2	Improving diagnosis and access to health care services for persons with dementia using android based applications by community health workers funded by (2019-21) Fund: 30 Lakhs	1 Aug 2019 to 31 July 2022	Funded by DST in collaboration with ram Manohar Lohia Hospital, Delhi	Service Delivery
3	Effectiveness of integrated clinical and behavioral interventions for cardiovascular risk management among patients with serious mental disorders in psychiatric outpatient settings: a multi-centric randomized controlled trial. Fund: 34 Lakhs	1 Sep 2019 to 31 Aug 2021	Funded by ICMR in collaboration with St. Johns Hospital, Bangalore, SRMC, Chennai, Manipal University	Intervention
4	NIHR Global Health Research Group on Psychosis Outcomes: the Warwick-India-Canada {WIC} Network at University of Warwick Fund: 2.7 Crores	1 July 2017 to 30 June 2020	Warwick University, AIIMS and McGill University (NIHR, UK)	Intervention
5	Cognitive Stimulation Therapy for dementia: International implementation in Brazil, India and Tanzania (CST-International) Fund: 28 Lakhs	1 Nov 2018 to 31 Oct 2021	Indian Council of Medical Research & GACD, UK)	Intervention
6	Use of Hybrid Face Humanoid Robot in Dementia care: A preliminary study of feasibility and acceptability Fund: 18 Lakhs	1 Jan 2019 to 31 Dec 2019	Imperial College, UK	Intervention
7	Cognitive and Psycho-social Intervention for Persons with Dementia in Rural India	15 March 2019 to 14 March 2022	Indian Council of Medical Research (ICMR)	Intervention

9	Mental Health Literacy and Early Access to Mental Health Care among School Students in Chennai: A Cluster Randomized Trial Fund: 1.05 Crores	1 July 2019 to 31 Dec 2020	A citiesRISE project funded by Global Development	Intervention
10	START (STrategies for RelaTives) for family carers for people with Dementia: Cultural adaptation and feasibility in India	Jan-June 2020	Funded by UCL	Intervention

Studies approved and set to commence once funding is received

1. Optimising hearing in people with dementia: An open label feasibility study of the SENSE-COG Asia Hearing Support Intervention ASHI (2019-2020)

The study is being done in collaboration with NIMHANS and University of Manchester, UK.
Currently waiting for approval from HMSC and release of funds.

2. Cognition and epigenetics in first episode psychosis (2019-2022)

This study in collaboration with the dept. of genetics, University of Madras has been approved by the DST.

3. NIHR200824 Improving outcomes for people with psychosis in Pakistan and India - enhancing the Effectiveness of Community-based care (PIECES). This grant has been successful. We will commence this project from October 5, 2020

PROJECTS COMPLETED DURING 2019-20

S.No	Project Title	Duration	Collaborator / Funding	Type of study
1	Validation of the International classification of Functioning Fund: 4.5 Lakhs	1 Oct 2019 to 29 Feb 2020	Funded by University of Barcelona	Contracted work
2	Cross-cultural study of the experience of recovery by people with schizophrenia in Australia and India Fund : 14 Lakhs	1 Jan 2017 to 31 Dec 2019	Dr.Tirupati Srinivasan , Hunter New England Mental Health Service, Australia	Exploratory
3	Telepsychiatry Program in Pudukottai (STEP) Phase II	1 Jan 2015 to 31 Dec 2019 (extended)	Tata Trusts	Service Delivery

PUBLICATIONS IN THE PERIOD OF 2019 - 2020



CONFERENCES AND SEMINARS

Promoting team capacities through on-going exposure to newer developments in the field is SCARF's commitment to staff growth and development. Clinical and administrative staff are encouraged to participate in relevant conferences in seminars that happen through the years. Presentations of research work done through talks and Posters allows for sharing of SCARF's work in the field. This year has seen almost all our doctors, other mental health professionals and administrative staff participate in various conferences, in India and in other countries.

- Mr Sujit John was speaker at the 8th Annual Conference of Psychiatric Society of Goa (GPS) - "Technology and mental health" 29th and 30th June 2019 at the Colva Beach Resort, Colva, Goa and spoke on the topic "Telepsychiatry- the SCARF experience"
- Dr VijayaRaghavan participated as faculty in Continuous Professional Development course for the counsellors, organized by Niraivagam foundation during May 10th to 12th.
- Ms Sonia & Ms Omega presented posters on "Group training in Domestic Chores - A pilot experience at SCARF" & "Results of delivering intervention through telephone as an add on to regular face to face session" at the conference "World Association of Psychosocial Rehabilitation" held at Government Medical College & Hospital (GMCH), Chandigarh on May 17th & 18th
- Dr Lakshmi Venkatraman was the speaker at the conference May 2019: 1. WAPR- IC Conference Chandigarh
- Mr Rama Krishnan from Youth Mental Health team spoke on Substance abuse to high school students of AadhiDhravidar welfare school on International Day Against Drug Abuse and Illicit Trafficking (May 26th - 1st June)
- Dr Lakshmi Venkatraman and Dr R Mangala conducted one day workshop for MMM nursing students general hospital psychiatry.
- Dr R Padmavati was the speaker at the TREND 2019 - 7th Annual conference of the

Society of Tamil Nadu and Pudhucherry and spoke on The travails of comorbidity - Mental illnesses and Metabolic disorders, held on Chennai 29-30, June 2019

- Dr R Padmavati and Mr Kotteswara Rao spoke on Mental health promotion and suicide prevention to college students of Madras School of Social Work, Chennai on October 16th

- Marking World mental health day, Dr R Padmavati was the chief guest and delivered the speech on "Mental Health Promotion and Suicide Prevention on October 9th to college students of Apollo College of Nursing, Chennai. Dr R Padmavati was the chief guest and delivered the speech on "Mental Health Promotion and Suicide Prevention on October

MEDIA AND AWARENESS

- SCARF organized a photography contest "**Into the Mind**" around World Schizophrenia Day in May 2019. A total of 44 entries were received. The photos were of very diverse themes including, positive mental health, depression, smoking, eating disorders, PTSD & anxiety. The judgment panel included mental health professionals from SCARF and professional photographers. The prize winners for the first edition were.

1. 1st - "Smoking is injurious to health" by Abhijith, Kerala
2. 2nd & 3rd - Anorexia - Eating disorder by Kirtana Jawahar, Chennai
3. 4th & 5th - Post Traumatic Stress Disorder(PTSD) - Afzal Sofi, Kashmir



Participation in shows on TV and Channels

Participation in shows on TV and Channels

Dr Mangala gave several talks :

- On the theme "Is there a cure for mental illness?" featured on M Tamil You tube channel May 24, 2019
- Youth mental health - Rainbow FM - June 2019
- Schizophrenia - Rainbow FM- June 2019
- Mental health related to Menstrual cycles at the "Red Thiruvizha" organized by Big FM to observe menstrual hygiene week (May 26th- June 1st).

- SCARF in association with Patients Engage, organized a webinar as part of World Schizophrenia week, on May 28th. A panel of mental health professionals from SCARF (Dr.R.Mangala & Ms Sonia) and persons with lived experience with schizophrenia participated in this first ever event of this kind.



- To observe World Schizophrenia Day (May 24), SCARF organized street plays on the theme "Schizophrenia" at Bouganvilla park, Anna Nagar on May 24, 2019 and at Natesan Park, T.Nagar on May 25, 2019 followed by an interactive session with specialists in the field. The event was well received by 100+ audiences in the park. People of all ages have signed the pledge banner promising to treat persons with mental health disorders with dignity after watching the street play

- The Human Library is a new concept where people talk openly about lived experience on various issues. This is an effort to break the stigma and prejudices. The Human Library, Chennai in collaboration with British Council had a session on June 30th and SCARF participated for the first time. Mr Ramana spoke on "Phoenix" (His experience of living with Bipolar Disorder) and Ms Annu Joseph spoke on "Every cloud has a silver lining" (Her experience of living with her family member who has schizophrenia). Around 150 audiences were presented for the event. This is a small step forward in bringing mental health for a discussion in an open forum and an event that SCARF can certainly participate, every time it is held and will provide an avenue for creating awareness and addressing stigma issues.



- SCARF participated for the 3rd consecutive year in the Annual Youth Health Mela held at Valluvar Kottam (June 28- 30th) organized by the Cancer Institute, Adyar. Two stalls were put up focusing on mental well being and social media addiction. Mental health screening was done for around 100 students and awareness about mental health was made with interesting games and activities. Around 250 students visited the stalls. Dr Mangala, Dr VijayaRaghvan & Ms Subhashini Gopal spoke on "Youth Mental Health" during the event.



- Dr R Padmavati and Mr Kotteswara Rao spoke on Mental health promotion and suicide prevention to college students of Madras School of Social Work, Chennai on October 16th

- Marking World mental health day, Dr R Padmavati was the chief guest and delivered the speech on "Mental Health Promotion and Suicide Prevention on October 9th to college students of Apollo

- Dr R Mangala and Dr Lakshmi conducted a session on mental health for the 9th std students of SBOA school. The awareness was made with interesting games and Q&A for the total of 740 sensible and active students who attended the session.



- Marking world mental health day, announcement on mental health promotion and suicide prevention was made for the audience by the stand-up comedians of Comedy Saba, OMR on all Fridays of October.

- Marking mental health day, Ms. Subhashini Gopal gave a talk on mental health in Big FM with RJ Mirthula on October 11th



- Dr R Mangala gave a talk on Women and mental health in Hello Ungaludan show on September 13th organized by Podhigai channel.

- In collaboration with Student Christian Movement of India (SCMI), Dr Mangala, Dr Lakshmi and Dr Shiva conducted one day workshop on child development for the B.Ed. students with the strength of 70+ of NewBegin college, Chennai on September 20th.



As part of our efforts to improve public awareness on mental health and reduce stigma, we have been giving away Media Awards for the Best Articles on Mental Health. Honourable Justice Dr Anita Sumanth was the chief guest for the occasion. The 7th edition (2019) prize winners were :

□ **English Category**

- Sarvana Raja (The NewsMinute)
- Swetha Dandapani (Huffington post)
- Hamsini Ravi (The Swaddle)

□ **Regional Category**

- Usha Narayan (Dr Kungumam)
- Swetha Kannan (Kungumam Thozhi)

Special Mention

Dr Anil Vartak (Deccan Herald)



COMMUNITY MENTAL HEALTH

Community Mental Health Clinics of SCARF:

Community Mental Health clinics being conducted at Chetpet camp once a month where 15 patients receive consultation.



STEP program: This project closed in December 2019. Most patients were transferred to the DMHP in Pudukkottai. Patients on Clozapine (used for treatment resistant patients) are however continuing to receive consultations from our doctors, as this medication is not available in the DMHP.

The consultations happen by videoconferencing and medications will be provided from SCARF. A skelton staff comprising of community workers continue to function in the area to facilitate referrals for welfare schemes, job opportunities, Funds are ben raise for this activity. Mr Kuppusamy, a former member of the Board of Management has come forward to provide some financial support for this activity.



DMHP in Thiruvallur District : SCARF signed an MOU with National Health Mission and District Mental Health Programme to implement the Community level integration of mental health services at Ellapuram Block in Thiruvallur District.



Awareness programs: Through SCARF's awareness programs under Community Mental Health Program around 270 individuals have been reached through 6 programmes. The programmes were initiated and conducted by Social Work student trainees placed at SCARF.

As it is critical for SCARF to continue our community programmes, we will make efforts to raise funds to keep the Pudukkottai project on at least till the end of the year. The team will meet early April to define necessary activities and outcomes.

EDUCATION AND TRAINING

SCARF has involved in training of mental health professionals – a much-needed task to develop manpower resources for the increasing numbers of mentally ill population in the country.

Post graduate Psychiatry training

- Two of our students successfully cleared the examinations in October 2019
- Currently we have 5 students on the rolls

One Year Diploma Course in Mental Health & Counselling

- The IV batch of the course started on 20th July 2019 with 15 students.
- The group is comprised of Doctors, Psychologists, Retired IRS, Yoga therapist etc.,
Nurses Training :
- Dr R Mangala and Dr Lakshmi conducted one day workshop on general hospital psychiatry for MMM college Nursing students on 31st January 2020. 51 students from the college attended the workshop
- Orientation for nurses from various colleges happens very regularly

Contracted Training

- The contracted work by TATA Trusts with the Nagpur Regional Mental Hospital has been completed by end November 2019. Inpatient SOPs were developed and staff trained in implementation
- The Training for the Nagpur DMHP staff in association with the Tata Trusts is ongoing . One arm was training PHC doctors in the DMHP . Two batches have been covered. The other arm was training ASHA workers. Two batches have been completed. We are awaiting further training schedules from the Nagpur DMHP
- The first phase of the contracted training for the of the SHG members under the Tamil Nadu Women's Development Corporation is currently ongoing

Internships

Internships for students of Social work, Psychology, Occupational Therapy and Nursing are active.

ESSENCE Project

SCARF is a partner in the ESSENCE (Enabling translation of Science to Service to ENhance Depression CarE) , a NIMH funded Project, along with an NGO SANGATH and the Harvard Medical School.

SCARF is a partner in the Capacity building project for journalists and media professionals.. Junior and Senior Fellowships are offered to working journalists from across the country to increase coverage of mental health and related issues in the media. A 4 week long free online course on mental health reporting has been developed by SCARF and SANGATH in English will have to be completed This course will be open to journalists of India, Nepal, Bangladesh and Afghanistan. An annual stipend will be given.

The senior fellowships is for journalists with over 5 years experience for whom the course is optional. We are in the process of selecting applications at present l. (2 in English and 1 in Hindi in national newspapers, both print and online)

APPLICATIONS OPEN
SCARF and Sangath launch ESSENCE
E-Learning Course for Sensitive Reporting on
Mental Health

Who can take this course?

Journalists and media professionals who want to increase their knowledge and understanding of mental health and are passionate about raising awareness about mental health and reducing stigma in the society.

ESSENCE Fellowships!
English, Hindi & Regional Language Media

APPLICATIONS OPEN
SCARF and Sangath launch
ESSENCE Fellowships for
Journalists and Media Professionals

Attention
ESSENCE fellowships
India

Who can apply?

- Indian nationals who
- Have completed Bachelor's or Master's degree in media studies/journalism,

ADMINISTRATION

Few Licenses have been applied for renewal and some of them have been obtained.

- Building license has been applied for and is being followed up
- Renewal for narcotic drug license has been applied for
- License for bio medical waste has been applied
- Pollution control license has been renewed for a period of four years

SAFETY

Periodic inspection of the safety precautions like using biomedical equipment, personal protective equipment, first aid kits, lifts, fire alarms, fire extinguishers and Hose reels are undertaken as part of AMC with respective companies. The safety committee reviewed these reports and provided a feedback of issues as required. Electrical panel boards, trippers and other electrical equipments are being reviewed periodically. Any electrical repairs will be taken care of immediately by a registered government license holder.

None of this would be possible without the continued dedication and commitment of our

team, an extensive network of national and international collaborating partners and the willingness of thousands of individuals who have supported our activities. Our activities have received tremendous boost from our generous donors, many of whom have been a constant source through the years.

The entire Board of Management of SCARF with Mr R. Seshasayee as Chairman and Dr R. Thara as Vice Chairman, are an incredible group of individuals whose continuous feedback ensures that SCARF delivers to the cause

AWARDS



EMBARGOED FOR RELEASE
[June 19, 2020; 12:00 pm Eastern]

CONTACT: SIRS, (615) 324-2370
info@schizophreniaresearchsociety.org

Rangaswamy Thara receives the SIRS 2020 Outstanding Clinical and Community Research Award



The Schizophrenia International Research Society has named Rangaswamy Thara, Ph.D., FRCPsych, the 2020 Outstanding Clinical and Community Research Awardee. Dr. Thara is a psychiatrist by training and the co-Founder of SCARF (Schizophrenia Research Foundation), located in the city of Chennai in Tamil Nadu, India. SCARF is a Collaborating Centre of the WHO for mental health research.

After receiving her Ph.D. at Madras University on the subject of disability in schizophrenia, she passionately lobbied for the inclusion of mental disability in the Indian Disabilities Act and was largely instrumental in the development of IDEAS, a measuring tool used to measure disability in mental disorders. Her prominent piece of research is the Madras Longitudinal Study, a 35-year follow-up of an incidence schizophrenia sample. Dr. Thara pioneered the use

of mobile tele psychiatry to deliver high quality care for schizophrenia in resource-less rural communities, which is now serving more than 1,500 patients.

Dr. Thara has been largely instrumental in forging collaborations with premier institutions around the world. She is on the Advisory Committee to the Director General of the World Health Organization, Geneva and was a member of the Institute Body of NIMMHANS. In 2012, Dr. Thara was awarded the President's Gold Medal from the Royal College, UK and in 2014, the Honorary Fellowship of the Royal College of Psychiatrists, UK. She has served on the Editorial Board of numerous reputable journals, including Schizophrenia Bulletin. She participated in many International Meetings around the world in the last 35 years and has authored over 180 research publications.

Dr. Rangaswamy Thara will receive the 2020 Outstanding Clinical and Community Research Award at the 2021 Congress of the Schizophrenia International Research Society in Toronto, Canada.

Media contact: Tricia Sullivan at (info@schizophreniaresearchsociety.org; 615-324-2370)

The Schizophrenia International Research Society (SIRS) was founded in 2005 with the goal of bringing together scientists from around the world to exchange the latest advances in biological and psychosocial research in schizophrenia. The Society is dedicated to facilitating international collaboration to discover the causes of, and better treatments for, schizophrenia and related disorders. Part of the mission of the Society is to promote educational programs about the latest findings in schizophrenia research, to effectively disseminate them worldwide, and to expedite the publication of new research.

Dr. R. Padmavati
Secretary & Director

BALANCE SHEET

LIABILITIES

PARTICULARS	SCHEDULE	31.03.2020 Rs	31.03.2019 Rs
Corpus Fund	1	50,719,010	46,919,002
Building Fund	2	26,594,050	5,404,050
General Fund	3	69,645,731	64,195,675
Refundable Deposit		2,204,000	2,522,104
Advance & Deposits from clients		3,000,000	3,000,000
Sundry Creditors	4	634,605	108,000
Funded Projects	5	11,033,906	3,174,036
Accumulation under section 11(2) of the IT Act, 1961	6	14,474,766	14,474,766
		178,306,068	139,797,633

Place: Chennai
Dated :

for S.N.S.ASSOCIATES
Chartered Accountants
(Firm Registration No.0062975)
(S.Nagarajan)
Partner Membership No.20899

for SCHIZOPHRENIA RESEARCH FOUNDATION (INDIA)

Dr.R.Padmavati
Director

Mr. R. SESHASAYEE
President

AS AT 31st MARCH 2020

ASSETS

PARTICULARS	SCHEDULE	31.03.2020 Rs	31.03.2019 Rs
Fixed Assets	7	17,457,237	17,692,816
Work-in-progress		14,896,677	510,000
Investments	8	89,300,000	80,500,000
Short Term Deposit	8	26,082,809	24,550,000
TDS on Income	9	808,911	782,744
Receivables		3,082,984	2,975,922
Interest Receivable	10	183,028	413,890
Prepaid Expenses		219,184	135,352
Advances and Deposits	11	3,526,446	685,993
Closing Stock		1,635,748	1,468,599
Cash at Bank		21,051,654	10,082,317
Cas on Hand		61,390	-
		178,306,068	139,797,633

TOTAL ASSETS

Place: Chennai
Dated :

for S.N.S.ASSOCIATES
Chartered Accountants
(Firm Registration No.0062975)
(S.Nagarajan)
Partner Membership No.20899

for SCHIZOPHRENIA RESEARCH FOUNDATION (INDIA)

Dr.R.Padmavati
Director

Mr. R. SESHASAYEE
President

INCOME AND EXPENDITURE ACCOUNT

INCOME

PARTICULARS

31.03.2020

31.03.2019

Rs

Rs

GENERAL INCOME

By Donation U/s. 80G	2,891,000	12,373,501
" Donation	-	133,449
" Interest	6,345,084	5,935,167
" Administrative cost from Research Projects	665,829	284,366
" Sundry Receipts	30,975	105,622
	<hr/>	
	9,932,888	18,832,105

CLINICAL SERVICES

" E.C.T. - Fee From Patients	505,000	534,500
" E.C.G. - Fee from Patients	49,600	750
" Cognitive Behavioral Therapy - Fee	-	8,000
" Grant From Tamil Nadu Government	1,500,000	1,500,000
" Registration Fee From Patients	2,465,300	2,067,750

SCARF - PHARMACY

" Pharmacy - Income [Net]	3,664,048	4,614,474
" Increase or (Decrease) in Stock -Pharmacy	169,927	(608,610)
	<hr/>	
	8,353,875	8,116,864

FOR THE YEAR ENDED 31st MARCH 2020

EXPENDITURE

PARTICULARS	31.03.2020	31.03.2019
	Rs	Rs
EXPENDITURE		
ADMINISTRATION		
To Salary and Allowances	2,357,005	2,323,350
" Contribution to E.P.F.	108,000	108,000
" Contribution to E.S.I.	7,056	8,881
" E.P.F. Admin/D.L.I/R.I.F	9,700	9,716
" Gratuity	147,218	36,672
" Staff Mediclaim Insurance	34,621	18,132
" Consultant Fees	10,000	20,806
" Group Gratuity - Risk Premium	27,522	26,948
" Audit Fees		
" For Statutory	-	118,000
" For Other Services	-	7,080
" For Internal Audit	-	-
" For Local Fund	21,913	22,059
" Bank Charges	29,144	20,720
" Conveyance	196,370	186,661
" Sundry Expenses	78,682	57,515
" Paytm Commision and GST	3,489	161,434
" Tally.NET Subscription [Sl.No. 712248570]	-	12,744
	3,030,720	3,138,718
CLINICALSERVICES		
To Salary and Allowances	1,338,144	1,099,731
" Contribution to E.P.F.	75,993	80,986
" Contribution to E.S.I.	8,844	19,462
" Gratuity	179,194	21,042
" Drug License Fee	-	1,000
" Local Conveyance - Home Visit	5,985	-
" E.P.F. Admin/D.L.I/R.I.F	6,311	6,862
" Maintenance Cost - Vehicle	-	38,900
" Medicine - Community Mental Health Camp	-	10,995
" Clinical Equipment - AMC	70,991	63,501
" Electricity & Water Charges	214,165	224,219
" Electro Convulsive Therapy	265,270	254,701
" Free Medicine - O.P.D.	1,384,895	1,154,998
" Inpatient Acute Care Treatment	319,270	327,960
" Printing and Stationery	19,296	49,488
" Staff Mediclaim Insurance	16,529	5,476
" Staff Training	12,825	30,000
" Purchase of Pulse Oximeter & Flow Meter	4,144	-
" STEP - Program Field office rent at Pudukottai	36,000	48,000

INCOME AND EXPENDITURE ACCOUNT

INCOME

PARTICULARS	31.03.2020	31.03.2019
	Rs	Rs
RESEARCH		
" Donations for Research U/S - 35(i)(ii)	4,399,000	8,712,000
" Donation - FCRA	533,986	217,907
" SCARF & WHO study on Community Engagement Tool Kit	62,346	-
" Cross Cultural Study of Rec. From Schizophrenia	407,013	111,163
" Ethics Review Fee - the University of Melbourne	239,143	-
" Research staff salary from Research grant/Res.Centre	4,533,414	4,439,599
" Reimbursement of Air fare - Academy of Medical Sceince,U.K.	38,023	224,449
" Contribution - Imperial College for Robtic Study	773,280	973,222
" Dr. Frances Dark, Australia	239,200	-
For Compensatory Cognitive Training "		
	11,225,405	14,678,340

FOR THE YEAR ENDED 31st MARCH 2020

EXPENDITURE

PARTICULARS	31.03.2020	31.03.2019
	Rs	Rs
" Telecommunication	283,200	224,200
" Volunteer - Ms. Usha Gautam	36,000	40,000
	<hr/>	<hr/>
	4,277,056	3,701,521
Balance carried forward	7,307,776	6,840,239
RESEARCH		
To Salary and Allowances	12,749,939	13,319,519
" Leave Encashment	-	73,820
" Contribution to E.P.F.	329,552	349,200
" Contribution to E.S.I.	25,683	31,844
" E.P.F. Admin/D.L.I/R.I.F	27,054	30,743
" Gratuity	347,738	261,432
" Staff Mediclaim Insurance	95,562	53,292
" Adaptive Testing Technology - Training /Setup Fee	-	827,460
" Online Access to Libraries / Journals	15,108	-
" Consultant fee	207,000	100,000
" Communication & Correspondence	61,487	91,389
" Conference - National	100,430	71,408
" Electricity and Water Charges	153,946	139,444
" Genetic Study with Jeevan Stem Cell Foundation	-	300,000
" Insurance	24,498	25,589
" I.E.C. Meeting	62,240	26,900
" Lab- Waste Management Charges	16,000	24,000
" Metabolic & Cognitive Impairment Study	-	2,440
" Cross Cultural Study of Rec. From Schizophrenia	96,000	85,950
" Conveyance reimbursement - Psychiatrist	859,000	1,330,000
" Printing and Stationery	89,258	139,283
" Rates and Taxes	162,840	205,683
" Research Meeting - International	52,674	227,978
" Repairs and Maintenance	430,634	425,720
" Study On" Pattern of Internet Use by Patient with M	-	9,000
" T.N.P.C.B.Licence Fee - 2018-19	17,900	10,300
" Less :Accumulation of Fund for Intramural Research	-	(2,500,000)
" Dr. Frances Dark, Australia		-
For Compensatory Cognitive Training	64,962	-
" University of Aberdeen - Workshop	61,044	-
" Fortigate FG 90D Firewall Renewal	24,159	-
" Replication study of 8 Schizophrenia risk loci SNPs identified from Genome Wide Association Studies "	343,412	-
	<hr/>	<hr/>
	16,418,120	15,662,394

INCOME AND EXPENDITURE ACCOUNT

INCOME

PARTICULARS

31.03.2020

31.03.2019

Rs

Rs

PSYCHOSOCIAL REHABILITATION SERVICES

" Grant From Tamil Nadu Government	500,000	500,000
" PSR - Works Unit	233,639	302,673
" Increase or Decrease in Stock - Works Unit	(5,872)	24,853

727,767

827,526

Balance carried forward

30,239,935

42,454,835

EDUCATION & TRAINING

" Education Grant from Pfizer Limited	-	2,000,000
" DIP NB (Psychiatry) Course Fees	410,000	360,000
" Diploma course - Mental Health and Counselling	855,000	980,000
" Training fee from students	329,163	306,250

FOR THE YEAR ENDED 31st MARCH 2020

EXPENDITURE

PARTICULARS	31.03.2020 Rs	31.03.2019 Rs
Balance carried forward	23,725,896	22,502,633
PSYCHOSOCIAL REHABILITATION / DAY CARE - V.T.C.		
To Salary and Allowances	2,337,484	2,186,257
" Contribution to E.P.F.	151,200	147,600
" Contribution to E.S.I.	24,465	30,976
" E.P.F. Admin/D.L.I/R.I.F	11,330	12,866
" Gratuity	87,577	30,067
" Staff Mediclaim Insurance	48,610	25,113
" Home Visit	-	1,774
" Free Transport - Bus TN - 02 AB 1404		
" Fuel charges	150,387	168,440
" Insurance	41,745	42,478
" Tax - Vehicle	50,999	47,000
" Recreational Expenses- Clients	221,379	222,583
" Works Unit		
" Incentive to Clients	322,650	342,450
" Purchase Materials	184,586	328,913
" Volunteer - Honorarium		60,000
	<hr/> 3,632,412	<hr/> 3,646,517
EDUCATION & TRAINING		
DIP NB(Psychiatry) Course		
To DNB Doctors - Stipend	2,240,341	1,383,000
" DNB - Formative Assessment fee	16,500	11,000
" Diploma Course on Mental Health	354,654	285,943
" Development of Website for www.Scarfedu.Org	-	-
" Training Program Conducted NGOs	267,060	154,531
" Workshop on Cognitive Behavioral Therapy[CBT] 17.02	-	4,485
" NBE - Annual Review Fee	10,000	-
" Workshop on Vocational Rehabilitation Exp.	-	36,266
" Workshop - Recent Updates on Schizophrenia	251,113	923,620
	<hr/> 3,139,668	<hr/> 2,798,845
AWARENESS PROGRAM		
To Salary and Allowances	244,638	315,322
" Contribution to E.P.F.	16,200	21,600
" E.P.F. Admin/D.L.I/R.I.F	1,350	1,846
" Gratuity	20,224	-
" Staff Mediclaim Insurance	6,014	-
" Awards	73,800	66,504
" Awareness Program	59,054	30,629
" Frame of Mind	-	288,764
	<hr/> 421,280	<hr/> 724,665

INCOME AND EXPENDITURE ACCOUNT

INCOME

PARTICULARS

31.03.2020

31.03.2019

Rs

Rs

" Training Program Conducted NGOs	681,350	1,353,960
" Workshop on Cognitive Behavioral Therapy[CBT]	-	31,500
" Workshop on Vocational Rehabilitation	-	25,000
" Workshop -Scarf & Samarth	15,000	15,000
" SCARF- TNVRC Training Prog.	236,000	-
	<hr/> 2,526,513	<hr/> 5,071,710

AWARENESS PROGRAM

" Contribution for Awareness Program	128,925	-
	<hr/> 128,925	

RESIDENTIAL CENTRE

" Admission Fee	410,000	504,000
" Inpatient - Bills	27,586,989	23,240,918
" Donation	11,000	-
" Dnation u/s 80G	162,000	-
" E.C.G. - Fee from Patients	9,300	-

FOR THE YEAR ENDED 31st MARCH 2020

EXPENDITURE

PARTICULARS	31.03.2020 Rs	31.03.2019 Rs
Balance brought forward	30,919,256	29,672,660
RESIDENTIAL CENTRE		
To Salary and Allowances	8,306,209	7,975,025
" Contribution to E.P.F.	520,828	547,672
" Contribution to E.S.I.	95,795	147,656
" E.P.F. Admin/D.L.I./R.I.F	43,490	46,796
" Leave Encashment	-	78,530
" Audit Fees - Other Services	-	1,770
" Bank Charges / D.D.Chages	7,000	5,086
" Consultant Fee	159,800	138,000
" Conveyance to Staff	324,000	354,260
" DNB - Candidate Stipend	-	661,685
" Electro Convulsive Therapy	321,500	291,500
" Food Expenditure	4,631,874	4,160,698
" Gratuity	565,179	47,806
" Incentive to Clients	43,360	51,190
" Loss on sale of Assets - A.C.	-	4,502
" Lease Rent	25,400	25,400
" Laboratory Cost	426,740	544,502
" Mediclaim Insurance	80,909	24,524
" Maintenance Cost	1,140,107	1,225,112
" Non Treatment Cost [Personal Items]	1,277,520	1,187,188
" Pharmacy Bills	3,119,765	2,977,872
" Workshop - Purchases	65,134	48,863
" Repair & Maintenance Cost	1,411,206	778,790
" Security Charges	331,124	330,067
	22,896,940	21,654,494
Balance brought forward	53,816,196	51,327,154
" DEMENTIA DAY CARE		
" Staff salary & Allowances	1,648,217	1,511,735
" EPF Contribution	98,429	123,992
" ESI Contribution	17,580	24,271
" EPF Admin/ DLI / RIF	8,589	10,667
" Gratuity	90,860	-
" Communication & Correspondence	4,465	1,050
" Mediclaim Policy - Dementia Care	12,753	6,392
" Local Travel - Dementia Patients	48,850	115,506
" Rehab & Recreational Expenses	12,300	10,253
" Reimbursement of Conveyance to Consultant Psychiatry	-	85,000
" Sundry Expenditure - Dementia	67,238	73,437

INCOME

PARTICULARS

31.03.2020

31.03.2020

Rs

Rs

" E.C.G. - Fee from Patients	9,300	-
" Interest	1,732,593	1,380,710
" Sundry Receipt	12,176	57,936
" Training center - Work Unit	73,169	79,365
" Increase or (Decrease) in Stock	3,086	(4,604)
	<hr/> 30,000,313	<hr/> 25,258,325

DEMENTIA CARE

" Dementia Rehabilitation Fee	84,500	185,620
" Donations - FCRA	-	1,052,654
" Dementia GP Training Fee	-	-
" Research Grant - Staff salary	311,644	135,235
" Dementia Home Care Asst Training	5,000	-
" Dementia Home Visit Fee	18,000	8,500
	<hr/> 419,144	<hr/> 1,382,009
Total Income	<hr/> 63,314,830	<hr/> 74,166,880

Place: Chennai

Dated :

for S.N.S.ASSOCIATES
Chartered Accountants
(Firm Registration No.0062975)
(S.Nagarajan)
Partner Membership No.20899

for SCHIZOPHRENIA RESEARCH FOUNDATION (INDIA)

Dr.R.Padmavati
Director

Mr. R. SESHASAYEE
President

EXPENDITURE

PARTICULARS	31.03.2020 Rs	31.03.2019 Rs
" Dementia Centre - Tambaram		
" Rates & Taxes		
" Property Tax - Tambaram Centre	-	6,866
" Water Tax - Tambaram Centre	-	1,200
" Encumbrance Certificate Fee	-	600
" Manual Workers General Welfare Fund of the TNCWWb.	-	191,000
" Rain Water Harvesting Fee	-	2,000
" Training at Scotland - Dementia Staff	60,000	75,004
" Medicine	6,300	
" Accumulation U/s. 11(2) for Dementia Care	-	(232,429)
	2,075,581	2,006,544
Dementia Care - Building Fund		
"Amount accumulated under section 11(2)		12,000,000
		12,000,000
DEPRECIATION		
" SRF - General A/c	898,716	872,627
" FCRA - A/c	343,519	249,340
" Residential Centre	730,764	799,193
	1,972,999	1,921,160
Excess of Income over Expenditure	57,864,776	67,254,858
Excess of Income over Expenditure	5,450,054	6,912,022
Vide our report of even date attached		

Place: Chennai

Dated :

for S.N.S.ASSOCIATES
Chartered Accountants
(Firm Registration No.0062975)
(S.Nagarajan)
Partner Membership No.20899

for SCHIZOPHRENIA RESEARCH FOUNDATION (INDIA)

Dr.R.Padmavati
Director

Mr. R. SESHASAYEE
President

RECEIPTS AND PAYMENTS ACCOUNT

RECEIPTS

PARTICULARS	31.03.2020		31.03.2020	
	Rs		Rs	
Andhra Bank SB A/c - 8253	1,00,959	22,633		
Andhra Bank SB A/c - 8254	1,74,153	1,02,214		
ICICI Bank A/c No. 039501002824	35,85,790	64,63,616		
ICICI Bank A/c No.039501004463	10,07,021	0		
ICICI Bank A/c.No.039501004554	-	0		
ICICI Bank A/c. No.039501004553	-	5,637		
Indian Overseas Bank SB A/c - 11983	70,779	90,238		
State Bank Of India CA/c No.34952526255	1,50,418	3,94,330		
State Bank of India SB A/c - 10408452598	17,35,644	32,21,032		
State Bank of India SB A/c - 10408452463	3,49,777	42,30,364		
State Bank Of India CA/c 36134201256	7,46,991	1,67,340		
State Bank of India - SB A/c 31137657700	74,171	30,506		
State Bank of India - CA/c 36523006933	(3,298)	74,863		
TNSC Bank - SB.A/c. 205056337	6,07,993	22,89,538		
TNSC Bank - SB A/c 205056326	1,05,349	2,01,260		
TNSC Bank - 700056093	13,76,570	1,00,82,317	11,91,004	1,84,84,575
Admission Fees	4,10,000		2,84,366	
Administrative cost from Projects	7,13,079		5,04,000	
Contribution for Awareness Program	1,28,925		0	
Contribution from Dementiaservice	-		1,35,235	
Development Trust	-		8,000	
CBT - Fee	38,00,008		20,60,000	
Donation Corpus	2,11,90,000		0	
Donation - Building Fund	43,99,000		87,12,000	
Donations for Research U/S - 35(i)(ii)	30,53,000		1,23,73,501	
Donation - u/s.80G	11,000		1,31,949	

FOR THE YEAR ENDED 31st MARCH 2020

PAYMENTS

PARTICULARS	31.03.2020 Rs	31.03.2019 Rs
To Salary and Allowances	2,90,16,886	2,87,30,939
Leave Encashment	-	1,73,392
"Contribution to Provident Fund	13,00,202	13,79,050
Contribution to E.S.I.	1,79,423	2,63,090
E.P.F. Admin/D.L.I/R.I.F	1,29,916	1,19,496
Gratuity	14,37,990	3,75,977
Group Gratuity - Risk Premium	27,522	26,948
Gratuity Settlement	-	9,17,337
Consultant Fees	3,65,000	2,58,806
Audit Fees		
For Statutory Audit	1,08,000	83,650
For Others services	11,800	0
For Local Fund Audit	21,913	22,059
Awareness program	1,32,854	3,85,897
Adaptive Testing Technology - Training	-	8,27,460
setup	62,379	25,807
Bank Charges	15,108	0
Online Access to Libraries / Journals	1,00,430	71,408
Conference - National	52,674	2,27,978
Conference - Abroad	65,952	92,439
Communication & Correspondence		
DIP NB(Psychiatry) Course	22,40,341	20,44,685
D.N.B. - Candidates' Stipend	16,500	11,000
DNB - Formative Assessment fee	10,000	0
NBE - Annual Review Fee	-	1,000
Drug License Fee	3,54,654	3,03,643
Diploma Course on Mental Health	13,618	3,38,000

RECEIPTS

PARTICULARS	31.03.2020	31.03.2020
Donations	11,000	1,31,949
Donation -FCRA	5,33,986	12,70,561
Dementia - Rehabilitation Fee from clients	84,500	1,85,620
Dementia Home Care Assistant Training Fee	23,000	8,500
DIP NB (Psychiatry) Course Fees	4,10,000	3,60,000
Diploma course - Mental Health and Counselling	8,55,000	9,80,000
E.P.F.Recovery	27,85,631	33,17,779
E.S.I Recovery	87,028	1,29,129
Education Grant	-	19,60,000
Electroconvulsive therapy - Fee	5,05,000	5,34,500
E.C.G. Fee	58,900	750
Grant - N.H.M. Tamil Nadu	-	1,99,000
Grant from Tamil Nadu Government	20,00,000	20,00,000
Grant-Brio Bliss Life Science P. Ltd Clinical Trial	4,03,090	-
Grant - D.M.H.P.T.N.Govt.	2,48,750	-
Grant from ICMR - CST for Dementia Study	-	41,34,680
Grant from ICMR - RID	4,92,113	12,88,400
Grant from ICMR - Dr. R.Padmavati	34,63,000	-
Grant from TATA Educational & Development Trust	22,52,099	33,54,000
Gratuity received from LIC Group	-	9,17,337
Gratuity	17,96,322	16,31,604
GSTInterest	83,36,525	68,10,249
Income Tax Refund	1,41,408	-
Loan and Deposits	24,71,654	49,14,407
Lease Advance	400	400.00
	7,07,35,735	7,66,90,542

PAYMENTS

PARTICULARS

31.03.2020

31.03.2019

Dementia Day Care - Tabaram	-	1,93,600
Electricity & Water Charges	3,68,111	3,63,663
Electro Convulsive Therapy	2,65,270	2,54,701
Free Medicine - O.P.D.	13,91,195	11,54,998
Free Transport to Clients - Fuel Charges	2,17,278	1,68,440
Field Office - Rent [Pudukottai]	48,000	48,000
Fortigate FG 90D Firewall Renewal Foundation	24,159	-
Genetic Study with Jeeval Stem Cell	-	3,00,000
Insurance	17,96,322	16,31,604
Inpatient Acute Care Treatment	48,583	7,090
Incentive to Clients	3,19,270	3,27,960
I.E.C. Meeting	3,40,260	3,93,640
Investment with H.D.F.C LTD	62,240	26,900
GST	88,00,000	35,00,000
Lab- Waste Management Charges	16,000	24,000
Lab Test	-	2,440
Lease Rent	25,400	25,400
Local Conveyance	14,21,355	19,57,695
Loans And Advance	52,85,671	49,50,407
Paytm / Milaap Social Ventures Charges	3,489	1,61,434
Prepaid Insurance	1,17,387	63,752
Printing and Stationery	1,08,554	1,88,771
PSR - Works Unit Purchase of Materials	4,99,143	3,77,776
Purchase of Medicine - U.C.M.H. Camp	-	10,995
Purchase- Fixed Assets	1,55,65,742	17,57,714
Purchase of Pulse Oximeter & Flow Meter	4,144	0
	7,23,90,734.63	5,45,71,041

Rates and Taxes	2,13,839	2,66,749
Recreational Expenditure	2,33,679	2,32,836
Research Interns Stipend	60,000	0
Training Program conducted at NGOs [Resource Person Fee /Travel]	2,77,914	1,54,531
Repairs and Maintenance	19,12,831	13,00,911
Residential Centre		
Electroconvulsive Therapy- charges	3,21,500	2,91,500
Food Expenses	46,31,874	41,60,698
Laboratory Cost	4,26,740	5,44,502
Maintenance Cost	11,23,172	9,99,518
Non Treatment Items - Inpatients Personal Exp.	12,77,520	11,87,188
Pharmacy bill - Inpatients	31,19,765	29,77,872

RECEIPTS

PARTICULARS	31.03.2020	31.03.2020
Balance brought forward	7,07,35,735.4	7,66,90,542
PSR - Works unit	5,56,231	3,82,038
Professional Tax	1,82,525	2,19,975
Reimbursement of Air Ticket - Academy of Medical Science	38,023	2,24,449
Refundable Deposit From Clients	42,41,553	44,09,694
Registration Fee	24,65,300	20,67,750
Residential Centre - Client Bills	2,75,18,101	2,18,99,375
Research grant - for staff salary	48,45,058	44,39,599
Research grant - Kings College, London	62,37,940	55,27,261
Research grant - University of Warwick	93,25,122	73,57,774
Research grant From Global Dev. Incubator [GDI]	1,06,11,016	14,46,440
Research grant -Dept. of Global Health - ESSENCE	1,32,955	1,35,205
Research grant From University College London	-	-
Research grant - Imperial College, U.K.	10,84,740	-
Research grant - Dr. Frances Dark, Australia	2,39,200	-
Research grant - Imperial College for Robotic Study	7,73,280	-
Research grant - University of Aberdeen	62,346	-
Research grant - University of Barcelona , Spain	2,39,143	-
Research grant - Dr.T.N.Srinivasan[Cross Cultural Study Rec. from Schizophrenia]	4,07,013	1,11,163
IConS	50,500	55,89,587
Scarf Pharmacy	1,44,75,574	1,35,70,969
Short Term Deposit - Closed	4,05,50,000	0
Staff Income Tax	6,50,431	8,02,630
Sundry Receipts	43,151	1,04,565

PAYMENTS

PARTICULARS

31.03.2020

31.03.2019

SCARF Pharmacy	1,07,85,362	89,56,495
Staff Mediclaim Insurance	2,94,998	1,32,929
Staff Training - Basic Life Support Skills	26,275	0
Security Charges	3,31,124	3,30,067
Study on Pattern of Internet Use by Patient with M.H.	-	9,000
Sundry Expenses	1,45,848	1,30,952
SCARF ICONS		51,79,715
Short Term Deposit	4,20,82,809	2,45,50,000
Refunded - Deposits to Clients	45,59,657	38,83,973
Remittance - E.P.F	27,85,631	33,17,779
Remittance - E.S.I	87,028	1,29,129
Remittance - Professional Tax	1,82,525	2,19,975
Remittance - Staff Income Tax	6,50,431	8,02,630
Remittance - TDS	6,19,872	4,43,826
Research grant - ICMR - CST	34,43,529	11,68,029
Research Grant - ICMR - RID	12,49,456	45,667
Research Grant - ICMR - DR.R.PADMAVATI	1,69,924	0
Grant-Brio Bliss Life Science P. Ltd Clinical Trial	3,82,837	0
Grant - D.M.H.P.T.N.Govt.	1,81,200	
Research grant - Kings College, London	66,06,230	58,48,561
Research grant - University of Warwick	74,83,045	81,09,468
Research grant - Florida University	1,30,196	-
Research grant From Global Dev. Incubator [GDI]	40,25,878	14,46,440
Research grant -Dept. of Global Health - ESSENCE	-	2,68,160
Research grant From University College London	2,86,424	-
Research grant - Impreial College, U.K.	6,15,648	84,047
Research grant - Dr. Frances Dark, Australia	64,962	-
Research grant - Imperial College for Robtic Study	-	-
Research grant - University of Aberdeen	61,044	-
Research grant - University of Barcelona , Spain	-	-
Research grant - Dr.T.N.Srinivasan[Cross Cultural Study Rec.from Schizophrenia]	96,000	85,950
Grant : Jamsetji TATA Trust	23,22,226	33,26,322
SCARF - N.H.M. T.NADU		2,11,745

RECEIPTS

PARTICULARS	31.03.2020	31.03.2019
TDS on Payment - Recovered	6,19,872	4,43,826
Training Fee	11,89,232	15,47,160
Trasport fee from Dementia Clients	18,041.00	38,897
Workshop on Cognitive Behavioral Therapy[CBT]	-	31,500
Workshop on Vocational Rehabilitation	-	25,000
Workshop -Scarf & Samarth	15,000	15,000
	19,73,07,082	14,70,80,397

Place: Chennai

Dated :

for S.N.S.ASSOCIATES
Chartered Accountants
(Firm Registration No.0062975)
(S.Nagarajan)
Partner Membership No.20899

for SCHIZOPHRENIA RESEARCH FOUNDATION (INDIA)

Dr.R.Padmavati
Director

Mr. R. SESHASAYEE
President

PAYMENTS

PARTICULARS

31.03.2020

31.03.2019

Telecommunication	2,83,200	2,24,200
T.N.P.C.B. License Fee	-	81,900
Volunteers Payment	-	1,00,000
Training	-	1,05,004
Transport - Dementia Patients	-	1,54,400
Workshop - Recent updates Schizophrenia	2,51,113	9,23,620
Workshop on Cognitive Behavioral Therapy[CBT]	-	-4,485
Workshop on Vocational Rehabilitation	-	36,266
Closing Balance at Bank 31.03.2020		
Andhra Bank SB A/c - 8253	2,09,860	1,00,959
Andhra Bank SB A/c - 8254	2,45,567	1,74,153
ICICI Bank A/c No. 039501002824	47,26,072	35,85,790
ICICI Bank A/c No.039501004463	53,423	10,07,021
ICICI Bank A/c.No.039501004554	61,569	-
ICICI Bank A/c. No.039501004553	33,56,968	-
Indian Overseas Bank SB A/c - 11983	1,98,594	70,779
State Bank Of India CA/c No.34952526255	4,80,407	1,50,418
State Bank of India SB A/c - 10408452598	41,40,893	17,35,644
State Bank of India SB A/c - 10408452463	35,61,501	3,49,777
State Bank Of India CA/c 36134201256	4,41,131	7,46,991
State Bank of India - SB A/c 31137657700	4,044	74,171
State Bank of India - CA/c 36523006933	1,38,665	(3,298)
TNSC Bank - SB.A/c. 205056337	18,60,996	6,07,993
TNSC Bank - SB A/c 205056326	3,03,443	1,05,349
TNSC Bank - 700056093	12,68,521	13,76,570
Cash-in-Hand		
	2,10,51,651	1,00,82,31
	61,390	0
	19,73,07,082	14,70,80,397

Place: Chennai

Dated :

for S.N.S.ASSOCIATES
Chartered Accountants
(Firm Registration No.0062975)
(S.Nagarajan)
Partner Membership No.20899

for SCHIZOPHRENIA RESEARCH FOUNDATION (INDIA)

Dr.R.Padmavati
Director

Mr. R. SESHASAYEE
President

PROJECT WISE RECEIPTS AND PAYMENTS

PARTICULARS

31.03.2020

31.03.2019

Rs

Rs

**The University of Warwick , England [From
01.07.2017 To 30.06.2020]**Warwick India Canada Psychosis Research Group
(WINDSOR)**RECEIPTS**

To Opening Balance	(19,93,850)	(12,42,156)
Received	93,25,122	73,57,774
	<hr/> 73,31,272	<hr/> 61,15,618

PAYMENTS**Main Study - NIHR Global Network**

By Personnel Main Study - NIHR Global Network	33,94,872	33,09,333
Insurance - Staff	72,294	33,717
Local Travel	5,75,000	75,000
Software	-	5,00,000
Researcher Meeting - WIC	3,67,659	10,630
Awareness Prog.- Materials & Refreshments NIHR	-	28,804
Overheads	35,500	20,647

SCARF Commisioned Project - NIHR

Personnel - Scarf Commissioned Project	23,31,572	22,16,592
Communication, Stationery & Printing	5,405	41,854
Computer / Laptop Warwick	-	2,200
Developmwnt and printing of Materials	66,914	
Public Engagement & Awareness Campain	1,98,274	
Training & Travel	1,888	
Local Travel - Warwick	1,40,919	70,691
PhD - Support [Ms.Greeshma Mohan]	2,62,748	18,00,000
Overheads	30,000	
Balance Carried forward	(1,51,773)	(19,93,850)
	<hr/> 73,31,272	<hr/> 61,15,618

**Kings College London -INTREPID II [From
01.10.2017 To 30.09.2022]****RECEIPTS**

To Opening Balance	7,02,781	10,24,081
Received	62,37,940	54,09,875
Reimbursement of PC and Furniture for Chengalpet Medical College	-	1,17,386
	<hr/> 69,40,721	<hr/> 65,51,342

FOR THE YEAR ENDED 31st MARCH 2020

PARTICULARS	31.03.2020	31.03.2019
	Rs	Rs
PAYMENTS		
By PERSONNEL	42,38,698	41,54,652
CAPITAL COST		
LAPTOP / DEST TOP	0	3,33,300
Chengelpet Medical College - Assets	0	
Desktop - Dell Vestro 3470 / Printer / UPS /	0	55,000
Ext.HD		
Furniture & Fixtures - C.M.College	0	54,000
Cubboard	25,800	
PROGRAM COST		
Consultant Fee	0	25,000
Ethics	29,535	3,710
Field Office - PALBEAR	1,23,469	2,56,414
Institutional /administration Cost	6,29,094	15,000
Insurance - Staff	75,816	88,774
Insurance - Vehicle		2,096
Lab Trst / Cnsumables	2,03,262	29,480
Mobile / Telephone Bill	24,717	22,695
Participants Payment Intrepid II	93,187	71,654
Participant Travel	64,830	15,150
Printing & Stationeries - PALBEAR	70,909	36,274
Researcher Travel - PALBEAR	10,05,163	6,35,345
Software	0	28,737
Translation Charges	21,750	21,280
Balance Carried forward	3,34,491	7,02,781
	69,40,721	65,51,342
Grant - Impreial College, U.K.		
(Psychosocial Robotic Engagement for Dementia Patients In Developing Nations)		
RECEIPTS		
To Opening Balance	(84,047)	-
Received	10,84,740	-
	10,00,693	
PAYMENTS		
By PERSONNEL	5,07,873	84,047
Conference at Los Angeles, USA/ U.K.Meeting	41,508	-
Patient Compensation	1,200	-
Printing & Stationery	36,656	-

PARTICULARS

31.03.2020

31.03.2019

Rs

Rs

Staff Mediclaim Policy
 Transcription
 Local Travel
 Balance Carried forward

6,014
 8,000
 14,397
 3,85,045

-
 -
 (84,047)

10,00,693

Grant -Dept. of Global Health[ESSENCE] From 01.07.2017 To 31.05.2022]
(Enabling translation of Science to Service to ENhance Depression CarE)

RECEIPTS

To Opening Balance
 Received
 Interest

(1,32,955)
 1,31,371
 1,584

1,35,205

1,35,205

PAYMENTS

By P.I. Honorarium
 Administrative Cost
 Balance Carried forward

2,28,500
 39,660
 (1,32,955)

1,35,205

Grant -Florida University Study on MRS
Brain glutamate levels in treatment responsive and unresponsive first episode

RECEIPTS

To Opening Balance
 Received

7,54,709
 -

7,54,709

-

7,54,709

7,54,709

PAYMENTS

By Clinical Equipments - MRS Study
 Equipment Maintenance - MRS Study
 Lab - MRS Study
 Balance Carried forward

11,832
 10,364
 1,08,000
 6,24,513

-

7,54,709

7,54,709

7,54,709

PARTICULARS

31.03.2020

31.03.2019

Rs

Rs

Grant From Global Dev. Incubator [GDI] From 01.06.18 To 31.08.18**CHENNAI CITY COLLECTIVE ACTION****RECEIPTS**

To Opening Balance	-	-
Received	-	14,46,440

PAYMENTS

BY CAPITAL COST	-	25,490
Canon Digital Camara [1300D 18MP BLACK]	-	14,250
Digital Voice Recorder	-	5,690
Egate I9 HD Projector	-	5,499
Lenova Tablet 7incj 8GB, WI-FI ONLY]	-	1,38,000
Purchase of Laptop 4 Nos	-	4,20,000
PERSONNEL	-	7,79,651
PROGRAM COST	-	57,860
Overheads	-	-
Balance Carried forward		
		14,46,440

Grant From Global Dev. Incubator [GDI] From 01.07.2019 To 31.12.2020**Mental Health Literacy and Early Access to Mental Health Care among School Students****Chennai: A Cluster Randomized Trial****RECEIPTS**

To Grant Received	1,06,11,016
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1,06,11,016**PAYMENTS**

By Capital	2,38,500	-
Computer - 4 Nos	18,59,743	-
Personnel	8,87,574	-
Program Cost	2,94,000	-
Local Travel		
Overheads	1,08,905	-
E.P.F. Contribution	39,270	-
Staff Mediclaim Insurance	80,420	-
Software License	5,17,466	-
Institutional Cost	65,85,138	-
Balance Carried forward		
	1,06,11,016	

PARTICULARS	31.03.2020	31.03.2019
	Rs	Rs
Grant From University College London [Period 01.01.2020 To 30.06.2020]		
START (SRtrAtegies for RelaTives) for family carers of people with dementia: Cultural adaptation and feasibility in India (START-India)		
RECEIPTS		
To Grant Received	-	-
PAYMENTS		
By Capital	7,990	-
Digital Recorder - 3 Nos - START	2,31,650	-
Personnel	18,000	-
Ethics Submission	9,034	-
Reseachers Natioal Travel	19,750	-
Translation & Transcription	(2,86,424)	
GRANT FROM JAMSETJI TATA TRUST, MUMBAI [N.C.E. From 01.01.19 to 31.12.19]		
Implementation of mental health programme through Tele-Medicine in Tamilnadu		
RECEIPTS		
To Balance brought forward	74,171	30,506
Grant Received	-	33,54,000
Interest on SB A/c	8,099	15,987
Grant received for Extension	22,44,000	-
	23,26,270	34,00,493
PAYMENTS		
Extension period Expenditure - 2019		
Personnel		
Program Cost	17,33,190	23,23,980
Overhead Costs	5,61,598	9,54,724
Bank Charges	27,261	46,762
Balance carried forward to SRF A/C	177	856
	4,044	74,171
	23,26,270	34,00,493

PARTICULARS	31.03.2020	31.03.2019
	Rs	Rs
Grant - Department of Bio Technology, G.O.I.		
Replication study of 8 Schizophrenia risk loci SNPs identified from Genome Wide Association Studies		
RECEIPTS		
To Balance brought forward	(5,89,658)	(3,43,412)
SRF - General Fund	3,43,412	
	(2,46,246)	(3,43,412)
PAYMENTS		
By Balance Carried forward		(3,43,412)
		(3,43,412)
Grant - ICMR [PERIOD FROM 15.03.19 TO 14.02.2022]		
Cognitive and Psycho-social Intervention for person with Dementia in Rural India		
RECEIPTS		
To Balance brought forward		
Grant Received	12,42,733	12,88,400
Interest on SB A/c	25,190	
	12,67,923	12,88,400
PAYMENTS		
Personnel	9,93,675	45,667
Contingency	49,621	
Non - Recurring	50,000	
Overheads	32,160	
Travel	1,24,000	
Balance Carried forward	18,467	12,42,733
	12,67,923	12,88,400
Grant - ICMR [PERIOD FROM 05.11.18 TO 04.11.2021]		
Cognitive Stimulation Therapy (CST) For Dementia		
RECEIPTS		
To Balance brought forward	34,58,764	
Grant Received	-	41,34,680
Interest on STD & SB A/c	37,794	
	34,96,558	41,34,680

PARTICULARS

31.03.2020

31.03.2019

Rs

Rs

PAYMENTS

Personnel	1,26,000	-
Travel	43,924	-
Balance Carried forward	33,47,518	-
	35,17,442	

SCARF - N.H.M. Tamil Nadu [DMHP FROM 01.07.18 TO 30.06.19]

RECEIPTS

To Balance brought forward	(12,745)	-
Grant Received	2,48,750	1,99,000
	2,36,005	1,99,000

PAYMENTS

By Personnel	54,000	1,62,000
Coordinator	67,200	-
Community Mapping- Data Collection	25,500	5,245
Awareness Stakeholders	3,000	15,000
Field Visit by Resource Person	6,000	-
Group Discussion Meeting - R.P. From NGO	9,000	-
Miscellaneous Exp. D.M.H.P.	500	3,500
Printing IEC / Traininig Aids	10,000	14,000
Resource Person	6,000	12,000
Supervision Fee - Coordinator	54,805	(12,745)
Balance Carried forward	2,36,005	1,99,000

Grant-Brio Bliss Life Science P. Ltd - Clinical Trial [Period 01.07.2019 to 31.12.2020]

RECEIPTS

To Grant Received	3,00,000	
Reimbursement of Lab Investigation fee	1,47,890	
	4,47,890	

PAYMENTS

Personnel	1,20,000	-
Lab Investigation - Clinical Trial Study	1,44,815	-
Institutional Overheads	62,260	-
Participant's Compensation	39,750	-
Printing/ CRF	16,012	-
Balance Carried forward	65,053	-
	4,47,890	

SCHEDULES FORMING PART OF BALANCE SHEET AS AT 31ST MARCH 2020

PARTICULARS	31.03.2020 Rs	31.03.2019 Rs
SCHEDULE 1 - Corpus fund		
Corpus Fund Opening	46,919,002	44,859,002
Add : Corpus Donation	3,800,008	2,060,000
	50,719,010	46,919,002
SCHEDULE 2 - BUILDING RESIDENTIAL CENTRE		
Opening Balance		
DEMENTIA CARE RESIDENTIAL CENTRE- TAMABARAM	5,404,050 21,190,000	5,404,050
	26,594,050	5,404,050
SCHEDULE 3 - GENERAL FUND		
Opening Balance	64,195,675	57,2A83,645
Add: Excess of Income over expenditure	5,450,056	6,912,022
	69,645,731	64,195,667
Add: Transfer from Funds accumulated for acquisition of Fixed Assets on Utilization	69,645,731	64,195,667
Add: Project fixed assets Capitalized during the year (See Note No.2)		8
	69,645,731	64,195,675
SCHEDULE 4- SUNDRY CREDITORS		
Audit Fees Payable	-	108,000
SCARF - ICONS IX	50,500	-
CLIENTS INCENTIVE - MARCH 2020 PAYABLE	25,750	-
Retention [5% From Subha Developer	558,355	-
	634,605	108,000
SCHEDULE 5 -FUNDED PROJECTS		
Foreign Currency		
Grant - Kings College, London	334,491	702,781
Grant From University of Florida	624,513	754,709
Grant from The University of Warwick , England	(151,773)	(1,993,850)
Grant -Dept. of Global Health[ESSENCE]	-	(132,955)
Grant - GDI Washington	6,585,138	-

PARTICULARS	31.03.2020	31.03.2019
	Rs	Rs
Grant - UCL [START]	(286,424)	-
Grant - Imperial College, U.K.	385,045	(84,047)
TOTAL (A)	7,490,990	(753,362)
Indian Currency		
Grant - Department of Bio Technology, G.O.I.	-	(343,412)
Grant - ICMR [Cognitive and Psycho-Social Interventions]	18,467	1,242,733
Grant - ICMR [CST For Dementia]	53,029	2,966,651
Grant - ICMR [DR.R.PADMAVATI]	3,347,518	
SCARF - N.H.M. T.Nadu	54,805	(12,745)
Grant-Brio Bliss Life Science P. Ltd Clinical Trial	65,053	
Jamsetji Tata Trust, Mumbai	4,044	74,171
TOTAL (B)	3,542,916	3,927,398
TOTAL (A)+(B)	11,033,906	3,174,036

SCHEDULE 6 - ACCUMULATION UNDER SECTION 11(2)

Dementia Care & Support Services of SCARF

Accumulation during the year 31.03.2016	-	
Less: Spent during the Year	2,474,766	2,474,766

Dementia Day Care - Building fund accumulation

Accumulation during the year 31.03.2019	12,000,000	12,000,000
	14,474,766	14,474,766

	WDV AS ON 01.04.2019	ADDITION	SALES/ DELETION	BALANCE	DEPN	WDV AS ON 31.03.2020
Gifted Assets - LAND	1,095,943	-	-	1,095,943	-	1,095,943
Buildings	12,852,841	439,800	-	13,292,641	642,643	12,649,998
Plant & Machinery	2,645,573	931,402	-	3,576,975	869,094	2,707,881
Furniture & Fixtures	762,582	35,766	-	798,348	119,751	678,597
Vehicles	166,483	-	-	166,483	41,620	124,863
Computers	38,199	330,452	-	368,651	221,175	147,476
Software	131,195	-	-	131,195	78,716	52,479
	17,692,816	1,737,420		19,430,236	1,972,999	17,457,237

PARTICULARS	31.03.2020 Rs	31.03.2019 Rs
SCHEDULE 8-INVESTMENTS		
Long Term Deposits		
H.D.F.C.LTD, Chennai	89,300,000	80,500,000
Short Term Deposits		
State Bank of India, Chennai	7,582,809	6,550,000
ICICI Bank Ltd, Anna Nagar West Extn.	17,000,000	15,500,000
T.N.S.C.Bank Anna Nagar West Extn.	1,500,000	2,500,000
	26,082,809	24,550,000
SCHEDULE 9- Receivables		
T.N.Grant Final Installment of 2019-2020	800,000	800,000
Receivable - BBLS P LTD	34,800	-
Bills Receivables - Residential centre	2,248,184	2,175,922
	3,082,984	2,975,922
SCHEDULE 10-ADVANCES AND DEPOSITS		
PUDHUKOTTAI FIELD OFFICE RENT ADVANCE		
Rent Advance - Ms.Karuppayee	8,000	20,000
Staff Advance	31,690	36,000
Advance to Staff for Official	103,255	15,000
Lease Rent Advance - Kanchi Mutt For BMMSSK Land	7,600	8,000
Advance - Hyatt Regency Chennai Operating Account A	500,000	-
Advance - Mr.D.Kotteswara Rao [T.N.W.D.C. Training	30,000	-
Advance - M/s. Johnson Lifts Private Limited	375,000	-
Advance - M/s.Subha Developer	1,850,290	-

PARTICULARS	31.03.2020 Rs	31.03.2019 Rs
Deposits		
Telephone Deposit	45,700	45,700
Cylinder Deposit	29,850	29,850
Electricity Deposit	196,661	183,443
Cable T.V. Deposit	10,000	10,000
Dementia Centre Drainage Deposit	338,000	100,000
Deposit with Hathway for Broadband Internet Connect	400	12,000
Security Deposit for Building - Dementia Cetnre	-	216,000
Security Deposit for Display Board- Dementia Centre		10,000
	3,526,446	685,993

SCHEDULE 11- CASH AT BANK

Andhra Bank 8253	209,860	100,959
Andhra Bank - 8254	245,567	174,153
ICICI Bank [SB A/c No.039501002824]	4,726,072	3,585,790
ICICI Bank - ICMR SB 039501004463	53,423	1,007,021
ICICI Bank A/c.No.039501004554	61,569	-
ICICI Bank A/c. No.0395501004553	3,356,968	-
IOB 11983	198,594	70,779
State Bank Of India [SB A/c No.10408452598]	4,140,893	1,735,644
State Bank Of India [CA/c No.34952526255]	480,407	150,418
State Bank Of India [C A/c No. 36523006933]	138,665	(3,298)
State Bank Of India [CA/c 36134201256]	441,131	746,991
T.N.S.C Bank [SB A/c No.205056337]	1,860,996	607,993
T.N.S.C.Bank - SB.A/C.250506326	303,443	105,349
T.N.S.C Bank A/C 700056093	1,268,521	1,376,570
State Bank of India - SB A/C 10408452643	3,561,501	349,777
State Bank of India - 31137657700	4,044	74,171
	21,051,654	10,082,317

Place: Chennai

Dated :

for S.N.S.ASSOCIATES
Chartered Accountants
(Firm Registration No.0062975)
(S.Nagarajan)
Partner Membership No.20899

for SCHIZOPHRENIA RESEARCH FOUNDATION (INDIA)

Dr.R.Padmavati
Director

Mr. R. SESHASAYEE
President

Notes Forming Part of Financial Statements For The Year Endend 31st March 2020

Organisation Background

Schizophrenia Research Foundation (India) ("the Society") is registered under the Tamil Nadu Societies Registration Act, 1975 bearing Registration S.No.24 of 1984. The object of the Society is the treatment & rehabilitation of the mentally ill, Research, teaching & Training, Public awareness to remove the stigma of mental illness, Community mental health.

The Society is also registered. Under section 12AA of the Income tax Act, 1961. ("The Act") The Society has obtained the exemption under section 35(1)(ii) of the Act for the donations received for carrying out scientific research and under section 80G of the Act for the general donations received.

The Society is also registered under the Foreign Contribution Regulation Act, with Registration No.075900399 and the same is valid up to 30th October 2021

INDEPENDENT AUDITORS' REPORT

Opinion

We have audited the financial statements of Schizophrenia Research Foundation (India), which comprise the Balance Sheet as at 31st March 2020, the Statement of Income and Expenditure for the year ended 31st March 2020, and notes to the financial statements, including a summary of significant accounting policies.

In our opinion, the accompanying financial statements of the entity are prepared in all material respects, in accordance with the accounting principles generally accepted in India and give a true and fair view in conformity with the accounting principles generally accepted in India, of the state of affairs of the Society as at 31st March, 2020, and its Excess of income over Expenditure for the year ended on that date.

Basis for Opinion

We conducted our audit in accordance with the Standards on Auditing (SAs) issued by the Institute

of Chartered Accountants of India. Our responsibilities under those Standards are further described in the Auditors' Responsibilities for the audit of financial statements section of our report. We are independent of the entity in accordance with the Code of Ethics issued by the Institute of Chartered Accountants of India and we have fulfilled our ethical responsibilities in accordance with the Code of Ethics. We believe that the audit evidence that we have obtained is sufficient and appropriate to provide a basis for our opinion

Responsibilities of the Management and those charged with Governance for the financial statements

Management is responsible for the preparation of the financial statements in accordance with the Limited Liability Partnership Act and other applicable accounting standards and policies generally accepted in India and for internal controls as Management determines is necessary to enable the preparation of financial statements that are free from material misstatement, whether due to fraud or error.

In preparing the financial statements, Management is responsible for assessing the entity's ability to continue as a going concern, considering as applicable, matters related to going concern and using the going concern basis of accounting unless management either intends to liquidate the entity or to cease operations, or has no realistic alternative to do so.

Those charged with governance are responsible for overseeing the entity's financial reporting process.

Auditors' responsibility for the audit of the financial statements

Our objectives are to obtain reasonable assurance about whether the financial statements as a whole

are free from material misstatement, whether due to fraud or error, and to issue an auditor's report that includes our opinion. Reasonable assurance is a high level of assurance, but is not a guarantee that an audit conducted in accordance with the SAs will always detect a material misstatement when it exists. Misstatements can arise from fraud or error and are considered material if, individually or in the aggregate, they could reasonably be expected to influence the economic decisions of users taken on the basis of these financial statements.

As part of an audit in accordance with SAS, we exercise professional judgment and maintain professional skepticism throughout the audit.

We also evaluate the appropriateness of accounting policies used and the reasonableness of accounting estimates and related disclosures made by management. Conclude on the appropriateness of management's use of the going concern basis of accounting and, based on the audit evidence obtained, whether a material uncertainty exists related to events or conditions that may cast significant doubt on the Society's ability to continue as a going concern. If we conclude that a material uncertainty exists, we are required to draw attention in our auditor's report to the related disclosures in the financial statements or, if such disclosures are inadequate, to modify our opinion. Our conclusions are based on the audit evidence obtained up to the date of our auditor's report. However, future events or conditions may cause the Society to cease to continue as a going concern.

Place: Chennai

Dated :

for S.N.S.ASSOCIATES
Chartered Accountants
(Firm Registration No.0062975)
(S.Nagarajan)
Partner Membership No.20899

Dr.R.Padmavati
Director

Mr. R. SESHASAYEE
President

Evaluate the overall presentation, structure and content of the financial statements including the disclosures, and whether the financial statements represent the underlying transactions and events in a manner that achieves fair presentation. We communicate with those charged with governance regarding, among other matters, the planned scope and timing of the audit and significant deficiencies in internal control that we identify during our audit. We also provide those charged with governance with a statement that we have complied with relevant ethical requirements regarding independence, and to communicate with them all relationships that bear on our independence, and where applicable, related safeguards.

Report on Other Legal and Regulatory Requirements

1. We have sought and obtained all the information and explanations which to the best of our knowledge and belief were necessary for the purpose of our audit;
2. In our opinion, proper books of account as required by law have been kept by the Society so far as it appears from our examination of those books;
3. The Balance Sheet, the Statement of Income and Expenditure dealt with by this Report are in agreement with the books of account. ICAI UDIN NO: 20020899AAAAHG1267

LIST OF MEMBERS

We thank the following donors for their generous contribution during 2018- 2019

DONATIONS	RUPEES
M/s Sundaram Fasteners	81,40,000/-
Sundaram Finance	25,00,000/-
Global Adjustments Fndn	25,00,000/-
M/s Breaks India	25,00,000/-
M/s Tata Education Development Trust	24,44,000/-
Ms Manomani	24,00,000/-
Ms Shobana Ramachandran	20,00,000/-
M/s CMS Pay Turbo	15,00,000/-
Murugappa Educational group	12,00,000/-
M/s Resche Healthcare	6,50,000/-
Ms Kamala Suresh	5,00,000/-
Mr S Kannan	5,00,000/-
M/s Sundaram Motors	5,00,000/-
M/s ABI showtech	5,00,000/-
Dr R Thara	3,75,000/-
Dr R Parvatham	2,25,000/-
Ms Chellammal Narayanaswamy	2,00,000/-
Ms V Jayanthi	2,00,000/-
Brio Bliss	2,45,200/-
M/s Depenning & Depenning	1,50,000/-

DONATIONS	RUPEES
M/s Khivraj Foundation	1,50,000/-
Mr R. Kuppuswamy	1,50,000/-
Mr Rajeev Ganesh	1,50,000/-
Ms P.R. Jayasree	1,50,000/-
M/s Shree Sarita Jain Trust	1,50,000/-
Mr Rajagopalan	1,25,000/-
M/s Maris Power	1,25,000/-
Mr Somasundaram	1,00,000/-
Mr Dhinakaran Pillai	1,00,000/-
Mr RamRangan	1,00,000/-
Mr P B Ramanujam	1,00,000/-
Mr Jagadishkumar	1,00,000/-
Ms Padma Seshadri	1,00,000/-
Ms Rajini Manian	1,00,000/-
M/s Music Lovers	1,00,000/-
Mr M.S. Krishnan	1,00,000/-
M/s Guhananda Trust	1,00,000/-
Mr S Vasudevan	1,00,000/-
Mr S Viswanathan	1,00,000/-
Mr Dharmendran	1,00,000/-
Mr Subramanian Narayanan	1,00,000/-
M/s Chatnath Trust	1,00,000/-

TAX EXEMPTION Donors can avail exemption

1. 100% under section 35(1) (ii) towards Scientific Research
2. 50% exemption under section 80G

STAFF OF SCARF

We have a good team of mental health professionals involved in the day to day functioning of SCARF. Although there is a small percentage of turn over, each year, the team is a highly spirited group. Working in the field of rehabilitation of chronic mental illness can be fraught with frustration at the slow progress made. A residential care facility position can be even more difficult with the multitude of administrative and clinical issues that crop up frequently. Yet, the staff is highly motivated to provide quality care to the patients seeking help at the center.

The present team is as follows:

Chair & Mentor

Dr. R.Thara

Director

Dr. R.Padmavati

Joint Director HR & Research

Mr. Sujit John

Assistant Director

Dr. R.Mangala (Awareness)

Dr. T.C.Ramesh Kumar (Clinical)

Mr. D.Kotteswara Rao (Community Mental Health)

Ms. M.Renuka (Finance)

Consultant Psychiatrists

Dr. Shantha Kamath

Dr. G.Aarthi

Dr. T.C.Ramesh Kumar

Dr. Hema Tharoor

Dr. Shiva Prakash

Dr. R.Mangala

Dr. Lakshmi Venkataraman

Dr. Vijayaraghavan

Dr. Sindhu

Project Coordinator

Ms .M.Greeshma

Senior Co-ordinator

Ms. P.tKarpagavalli (Clinical)

Clinical Psychologist

Ms. G.Subhashini

Case Manager

Ms. Sonia Sims

Ms. Hepsiba Omega Juliet

Ms. Rabiya Syed Ahamad

Psychosocial Rehabilitation co-ordinator

Ms. Jainey Joseph

Statistician

Mr. A.Albert Joseph

Rehabilitation

Mr. K.Chithiraikani

Ms. N. Kiruthika

Mr. A.H.Raji

Ms. T.Renuka

Dementia Care

Dr. Sridhar Vaiteswaran

Dr. R.Vaishnavi

Ms. Monisha

Ms. B.Suhavana

Ms. Adhilakshmi

Ms. Abirami

Ms. Saraswathi

COMMUNICATION EXECUTIVE

Ms.Annu Mary Joseph

Research Projects

Mr. J.R.Aynkaran

Mr. Ramakrishnan

Ms. Sangeetha

Ms. Vimala Paul

Mr. S.Karthick

Mr. A.Kulandesu

Ms. D.Kiruthika

Chief Administrative Officer

Mr. R.Venkataraman

Assistant Administrative Officer

Ms. V.Subhashini

Administration

Ms. K.Amutha

Ms. C.Premalatha

Ms. R.Manju

Ms. P.Saraswathi

Ms. Latha

Mr. M.Palani

Mr. D.Vinothkumar

Ms. G.Satyapriya

Ms. R.Sivagami

Ms. M.Samundeeswari

Residential Centres
Bhavishya Bhavan – Thiruverkadu

Ms. A.Omana
 Ms. Vanithamani
 Ms. R.Vimala
 Ms. C Chandira
 Ms. Mohana
 Ms. V. Kalaveena
 Ms. Prema
 Ms. P.Vasanthi
 Ms. M.Vasanthi
 Ms. Lakshmi

B.M.M.S.S.K., Mamallapuram

Mr. Bagavathiraj
 Mr. S.Senthil Kumar
 Mr. Rajesh
 Ms. S.Shanthi
 Ms. S.Rani
 Mr. Pachammal
 Ms. Anjalai

Dr.Sarada Menon Centre, Chennai

Ms. Saroja Sahayarani
 Ms. Rathika
 Ms. Anushya
 Ms. Anbukkarasi
 Ms. Pathimuthu
 Ms. T .Gunaselvi
 Ms. Kasthuri
 Ms. Lalitha
 Mr. Thirumal

Pharmacy

Ms .P.Kanchana
 Mr. A. Venkatesh
 Mr. Vellivel
 T. Haripriya

Tata Project:

Mr. D.Sekar
 Ms. M.Ambika
 Ms. M.Bhuvaneswari
 Ms. R.Jothi
 Ms. S.Kavitha
 Ms. T.Latha
 Ms P.Jayanthi

