SCARF India is a nonprofit organization based at Chennai, Tamil Nadu, offering a multidisciplinary comprehensive range of psychiatric care and rehabilitation services. SCARF has been a World Health Organization (WHO) Collaborating Center since 1996.

NATIONAL INSURANCE AWARENESS DAY PROGRAMS

PANEL DISCUSSION - Mental Health Insurance: Esuare or Inclusive?
June 20, 2022, is observed as National Insurance Awareness Day. SCARF organized a panel discussion on the topic “Mental Health Insurance: Esuare or Inclusive?” featuring eminent panelists. The panelists discussed:

- Insurance policies today
- Accessibility in existing insurance policies
- Mental Health Act, 2017
- Loopholes

The webinar had a pan-India audience and was received and covered in the press well.

WEBINAR AVAILABLE on YouTube: https://www.youtube.com/SCARFINDIA

SIGNATURE CAMPAIGN – JUN 20 – JUL 5, 2023
A signature campaign was organized to raise awareness about mental health insurance and to showcase solidarity for a week at SCARF. The campaign created great momentum and participation among patients and staff throughout the week.

Nama Area - A Hangout Space for Mental Health Service Users
SCARF India has opened a hangout space for mental health service users. It inaugurated on May 24 marking World Schizophrenia Awareness Day. The space is the first of its kind in Chennai and it focuses on mental wellness of persons with psychosis. In this space, patients can read books, make art, socialize, play board games or just relax. Nama Area is a part of PMCS, a project supported by the National Institute of Health Research.

Nama Area is active from June, 2022. This space is located on SCARF premises and will function on Tuesdays and Thursdays from 3 pm to 6 pm.

New article on Vizianagam

ART & MENTAL HEALTH – ART EXHIBIT

Art and Mental Health - An exhibition of creative artwork done by persons with lived experience of mental illness was held from 18 July 2022 to 21 July 2022, at the art gallery at Amethyst café. Around 40 paintings of a wide range of tiles were displayed and had an overwhelming response from everyone. Almost all the exhibits were sold out and the proceeds from the sales were given to the artists. The response from the public and the college was overwhelming. The visitors had a chance to interact with the artists which helped dispel some of the myths related to mental health.

The event was able to break boundaries and was covered well in the press.

https://www.thenieth.com/news/district/theni/ 2022/07/18/effects-of-a-dra-indian-mental-health/article66316747.ace


DISABILITY CERTIFICATION CAMP

A two-day disability certification camp was coordinated by staff and students. More than 40 beneficiaries from the camp. Over 44 patients benefited from the camp.

CAREGIVER EDUCATION PROGRAM

The Caregiver Education Program has been running over 20 years in SCARF for family members of people suffering from schizophrenia. On June 25 and CEP was held at SCARF Auditorium in person.

- Better knowledge about illness and treatment adherence
- Learning coping strategies
- Care giver share and support each other
- Backing stipend
- Disability certification and other benefits

Thank You for your support and kind response.

Financial information

- Total Revenue Rs 25,000,000
- Total Expenses Rs 20,000,000
- Net Surplus Rs 5,000,000

In the Pipeline:

The year International Conference on Schizophrenia is likely to happen on the same day. Paper: “Exploring links between research and practice”

Website: www.scarfindia.org
Twitter: @SCARFmentalhealth
Facebook: @SchizophreniaResearchFoundation
Instagram: @scarf_india
YouTube: SCARF/INDIA

WEBINARS

YOGA AND MENTAL HEALTH

In connection with International Day of Yoga, which falls on June 21 every year, Dr N. Padmanabha participated in a webinar conducted by SAKNRC, Psychiatry Association on June 19th to raise awareness of the benefits of yoga and mental health. The program was a success and many people participated with eagerness and enthusiasm.

ACSM WEBINAR – Research Experience Sharing: Neurocognitive markers in psychosis

The clinical team at SCARF took part in a webinar by Asian College of Schizophrenia Research (ACSR) on June 22. Eminent scholars from across countries shared great insights and research experiences on the topic.

ONE DAY AWARENESS PROGRAM BY ARPS

Mr. S. K. Kesavan Rao spoke about “Social Perspectives on Sexual Education” for the one day awareness program on sexual education for patients of children with multiple disabilities.

COMMUNITY AWARENESS PROGRAM IN Puducherry

The Puducherry Community team of SCARF organized an awareness program in Puducherry on World Schizophrenia Day on June 2 for the workers employed under the MNREGA scheme.

Thank You for your donation!

Mental health service is a need for all. Help us serve people with mental illness and provide better mental health care for all.

Visit: http://www.scarfindia.org/donations/

‘Battle of the Buffet’ event as part of Dawn Utsav celebrations

One of the biggest fundraising event planned to be organized for the cause of mental health.