SCARF India is a non-profit organisation based at Chandigarh, India, offering a multidisciplinary comprehensive range of psychiatric care and rehabilitation services. SCARF India has been a World Health Organization (WHO) Collaborating Centre since 1995.

Dr R Thara received the Nari Shakti Puraskar on March 8th 2022

A historic and proud moment for SCARF! Our Vice-Chairman and Co-founder Dr. R. Thara was awarded the “Nari Shakti Puraskar” by the Honourable President of India, for pioneering awareness about mental disorders.

SCARF has been lauded by the Dr R Thara Memorial Award

Recognise an NGO working towards sustainable development of the community and whose work is considered to have earned SCARF the first Dr R Thara Memorial Award for outstanding work in the field of mental health for these decades in the country.

9th Edition of Media for Mental Health Awards

In 2022, SCARF hosted the annual Media for Mental Health award to recognize journalists who contributed to the cause of mental health through their sensitive reporting.

The 9th edition of the SCARF Media for Mental Health awards function was held virtually on March 4th, Dr. Jyoti Shridhar, and Mr. Bhardwaj M. (Chairpersons of Media Awards) chose the winning articles and Dr. Girish Vaidya, former Chief Secretary, Government of Tamil Nadu, announced the prize winners.

The prize winners are:

English Category
First Place: Radhika Darshak - India Special Second Place: Sonjia Das - Femina India
Third Place: Yumitome Mane - The Hindu
Regional Category
First Place: Sowdabenni - BBC Hindi Second Place - Jay Pratiksha - Deccan Herald
Special Mention: Shyamala Jan - Mangalya
Ayuuk Kreed - The Health Collective India

University of Houston Visits SCARF

Students from University of Houston visited SCARF. The students interacted with the various department heads and were exposed to the extensive services we offer at SCARF!

• The team from the PHCES project had their annual review meeting with their counterparts from Pakistan and U.K. at Dubai between 13-16 March.

World Bipolar Day - 30th March

Posters on Bipolar disorder were put up on all our social media on World Bipolar Day. It was well received and gained a lot of good responses from people.

Women’s Day Celebrations at SCARF - March 8th, 2022

Several fun activities and games were conducted for all the women employees and clients at SCARF which served as a great stress buster for all the women.

SCARF in the media

Live Interview in DD Podhigai

Dr. R. Thara was interviewed in Podhigai Channel for the program Padhigai Media.

Live Interview in DD Podhigai

Dr. R. Mangala participated in a live interactive session with the viewers on women’s mental health.

Orientation for Nursing Students

Students from Shanthigiri College of Nursing, AGS college of Nursing and Christus Asiac College of Nursing visited SCARF on 3 separate days. They were oriented to the functioning of our facility and the extent and services offered by our M.D. Psychiatrists.

Hello! India Live Workinar on Community Mental Health and a Virtual Conference on Mental Health Research by SCARF India

Dr. R. Palaniappan and Dr. R. Mangala participated in a live webinar on ‘Criminalisation of Mobilisation: Preventing mental health literacy by SCARF India by Hel-Aid India MHCN-LAP a project which focuses on improving mental health literacy through theatre and art. The session was attended and covered by the press.

Annual National Conference of Indian Psychiatric Society (INPS) 2022

Dr. P. Thara and Prof. R. Mangala spoke on Telepsychiatry services at SCARF.

Dr. Arif Patel presented a poster on ‘Cannabis associated with the age of onset of major depressions among patients with schizophrenia. A cross-sectional study from South India.

Dr. Rajesh Mahapatra presented on ‘Sex differences in major depression’. Dr. D. Vyapari, Dr. Srikant Prahalad, Dr. Arif Patel and Dr. Chimpayani presented a symposium on mental health research in SCARF.

In the Pipeline

Assessment program for children with ODD - 3rd March 2022

Thank You For Donating Today!

Mental health services is a need for all helping us cope with mental illness and provide better care for all.

Visit: http://www.scarf.in.org/